

ATKV GOUDINI SPA WELCOMES YOU

It is once again the Goudini team's great pleasure to welcome all our guests at our beautiful holiday resort, ATKV Goudini Spa.

A hearty welcome to our guests who are visiting us for the first time. We trust that you will also have an unforgettable and wonderful time here with us. Make special memories that you can treasure for years to come.

We built a new kiosk at the pool, and we moved the bathrooms at the inside block closer to the kiosk. The stage is also a new addition to the inside block. Unfortunately, we do not have changing rooms, but we are planning to add this.

THINGS TO ENJOY AT GOUDINI SPA

Entertainment

The clean, fresh Boland air offers each one an opportunity to experience the resort at its best and in a unique way.

We offer an exciting and fun daily entertainment programme for the whole family. We have arranged free shows by some of our best guest artists. All our guests are welcome to enjoy and experience these guest performers during their stay. There are also wonderful movie nights, exciting dance and talent competitions and much more. Please support all these special activities that are offered with love by our staff.

Games, activities and recreation

Please also enjoy our facilities for young and old, for example:

- Water slide
- Mini golf course
- Trampolines
- Games room,
- including pool
- Tennis courts
- Volleyball court
- Swimming pools
- Hiking route
- Jacuzzis (Please

book and pay first at the swimming pool)





Koswerf Restaurant

Goudini Spa also boasts a Koswerf Restaurant that offers delicious meals to choose from and takeaways. Please check the programme daily for specials.

Kiosk

Our kiosk at the pool sells donuts, Chip n Dip and slushies.

Halaal Restaurant

The Halaal restaurant is next to the shop. Here, we offer all our Halaal guests a variety of takeaway meals.

Shop

The shop provides for everything that you need, and holidaygoers don't have to leave the resort for their daily bread, milk, etc. It is all available here, for our guests' convenience.

Getting spoiled at the Spa

Goudini's spa treatments revitalise your body, mind and spirit. We take you on a journey filled with wonderful experiences to relieve your body of all stress. Enjoy a refreshing massage, pedicure or just have your nails done. Have a look at the special offerings and visit the spa behind the games room.

First aid

Please take note of the following regarding first aid:

- The first-aid room is at the swimming pools next to the Tulbagh units.
- Please report to any staff member and ask for first-aid services.
- The main gate can be contacted 24 hours a day on 023 349 8126 if an ambulance is needed.
- Most of the staff have First Aid Level 1 training and can assist with minor injuries like cuts, etc.
- IMPORTANT: THERE ARE NO LIFEGUARDS AT OUR SWIMMING POOLS. PLEASE REMEMBER THAT YOUR CHILD'S SAFETY IS IMPORTANT. IT REMAINS YOUR RESPONSIBILITY TO ALWAYS SUPERVISE YOUR CHILD.





Laundry

This facility is close to the tennis courts. If you want to use it, coins are for sale at the shop.

Breede River Valley and surrounds

Our resort, ATKV Goudini Spa, is located in the breathtaking Breede River Valley, 29 km from our closest Boland town, Worcester. Without a doubt, our environment is a real paradise for lovers of the outdoors, the beauty of nature and exciting activities. For the adventurous and the curious, there are quite a few activities to do and places and attractions to be visited:

- The Open-air Museum
- National Karoo Botanical Gardens
- Kleinplasie
- Bosjes
- The Vetspens
- Canoes
- 4x4 routes
- Walking trails
- Horse-riding
- Game-viewing
- Farm stalls

Conservation of fauna and flora

We urgently appeal to all our guests, young and old, to take care of our beautiful resort while you relax. Please remember:

- No plants may be damaged.
- No plants may be removed.
- No plants may be taken home with you.
- No animals may be hurt.
- No animals may be taken home with you.





Our resort is part of a precious fynbos ecosystem, and we thank you in advance for respecting and conserving our fauna and flora. If any of our guests make themselves guilty of any of the above, they will face serious consequences.

Please enjoy your holiday and be responsible.

Kind ATKV regards

Pieter du Toit

Resort Manager

RESORT RULES

Although we do not want to create the impression that the other rules of the resort are less important, we want to bring the following to your attention:

- No music is allowed as it a disturbance to other people at the resort. No music to be played from vehicles.
- Excessive noise or loud music will not be tolerated at all.
- After 23:00 in the evening, there should be silence in the resort, and no noise will be tolerated. After a second warning you might be ask to leave the resort without a refund.
- Any person under the influence of alcohol and who misbehaves will be asked to leave the resort immediately.
- No drunkenness will be tolerated at any time at the resort.
- The smoking of a hubbly bubbly is not allowed.
- The gathering of wood is prohibited. Fire wood is available at the shop.
- The swimming pools are not fenced. The person in whose care babies, toddlers and older children enter the resort, is responsible for their safety.
- Babies should always be wearing a swimming nappy in the swimming pool.
- The swimming pools are approximately one meter deep at the shallow end. Diving is therefore not advised.
- Only proper swimwear is allowed in the swimming pools. Shorts, underwear or gym clothes are not acceptable.
- No eating, drinking or smoking is allowed in any swimming pool not even in the kiddies' pool.





- Large cooler boxes, gazebos and excessive drinking and noise at the swimming pools are strictly prohibited.
- No braaiing is allowed on the lawns at the swimming pools.
- Pre-school children must always be accompanied by an adult at the swimming pools and on the playground. There are no lifesavers on duty.
- The roads in the resort are public roads; all the usual traffic rules apply. Please keep to the speed limit as indicated.
- It is not allowed to drive in the resort at night without lights. That applies to bicycles or any other vehicles.
- Please note that here at ATKV Goudini Spa we are very close to nature. Please be on the lookout for any wildlife such as snakes, spiders etc. and treat it with respect.
- No pets are allowed at the resort.

Operating hours

| Reception – 023 349 8100 | | | |
|--------------------------|-------------|--|--|
| Sundays-Thursdays | 08:00-17:00 | | |
| Fridays | 08:00-19:00 | | |
| Saturdays | 08:00-15:00 | | |

Koswerf Restaurant & Halaal Restaurant 023 349 8153/023 349 8145

| Sundays | 08:00-18:00 |
|------------------|-------------|
| Monday-Saturdays | 08:00-21:00 |

Shop - 023 349 8152

Sundays

08:00-21:00

08:00-18:000





| Mini golf, trampolines and super tube | | |
|---------------------------------------|-------------|--|
| Mondays-Saturdays | 09:00-19:00 | |
| Sundays | 09:00-16:00 | |
| Spa | | |
| Mondays-Saturdays | 08:00-17:00 | |
| Sundays | Closed | |

Highlights

- Karaoke
- Movie night
- Five-a-side soccer
- Gladiator challenges
- Strongman/-woman challenges
- Power couple
- Goudini's Got Talent
- Escape Room
- Family Feud
- Dizzy Dash
- Fear Factor
- Dance challenge
- Lip sync battle

Entry form activities





- Five-a-side soccer
- FIFA PS4
- Vroom challenge
- Lip sync battle
- Karaoke
- Dance competition
- Minigolf
- 8-ball pool competitions
- Table tennis competition
- Water polo
- Gladiator challenges
- Strongman/Woman challenges
- Frisbee water netball
- Touch rugby
- Power couple
- Goudini's Got Talent
- Escape Room
- Dizzy Dash
- Minute to Win It

Friday 27 June 2025

Theme of the holiday: Fireside Festival

| 08:00- 21:00 | Welcome to ATKV Goudini Spa! Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. | Restaurant |
|-----------------|---|------------|
| | We also do deliveries! | |
| 14:00 | Radio Goudini | Pool Stage |





| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | |
|-----------------|--|------------|
| 14:00- 18:00 | Capture the moment Show us your favourite picture or video of your arrival at our holiday resort. | Fairground |
| 19:00 | Movie trivia How well do you know your movies? Give our quiz a try and find out if you are our next movie maestro. | Pool Stage |
| 19:30 | Movie under the stars Bring your camping chair or blanket and enjoy The big-screen movie at the swimming pool. | Pool Stage |

Saturday 28 June 2025

| | Theme of the day: Social Saturday | |
|-----------------|---|------------|
| 08:00- 17:00 | Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. | Spa |
| | For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za | |
| 09:15 | Radio Goudini | Pool Stage |
| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | |





| 10:00 | Fun with our mascots Sing and dance with our mascots, Goudi and Nispa. | Fairground |
|-------|--|------------|
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular | Fairground |
| 11:00 | endurance and strength. Afrikiti ice breaker How good are your catching abilities? Try to catch the ball before it touches the water. | Fairground |
| 11:15 | Spot prizes up for grabs! Tiny Tots toddler challenge Calling all toddlers to join in our baby competition with games, such as Crawling Cocomelon, Nappy Ninja, | Playpark |
| 11:30 | Baby Shark Boppers, etc. Ball and Spoon race Race around the pool with a spoon and ping pong ball. | Fairground |
| 11:45 | On your parents shoulders Children stand on their parents' shoulders, make sure to maintain a safe distance. Who will be the last team standing? | Fairground |
| 12:00 | Junior music trivia A musical quiz about your favourite kiddies programmes Theme songs! | Fairground |
| 15:00 | Iconic Dance Fam Join the Iconic dance fam this winter | Pool Stage |





| | season for a festive celebration rhythm, joy and passion. | |
|-------|--|----------------------|
| 16:00 | Soccer Five-on-a-side tournament. Limited entries from 12:00 to 14:00. | Day visitor pitch |
| 19:00 | Love, laughter and karaoke Join in the fun for a golden ticket or wooden mic. Karaoke is no joke! | Pool Stage |

| | Sunday 29 June 2025 Theme of the day: Soothing Sunday | |
|--------|--|---------------|
| 08:00- | Convenience store | Shop |
| 18:00 | For a wonderful shopping experience, check out our shop for all your essential goodies. | · |
| 10:00 | Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | Pool Stage |
| 11:00 | Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | Pool Stage |
| 12:00 | Capture the moment Show us your favourite picture or video of your time at our holiday resort. | Fairground |
| 16:00 | PS4 FIFA tournament Knock out tournament to determine our grand champion! Limited entries. | Games Room |





19:00

Game and giggles Enjoy a lovely games night with games such as Bingo, Domino's, finger board, etc.

Fairground

| | Monday 30 June 2025 Theme of the day: Mountain Magic Monday | |
|-----------------|---|------------|
| 08:00- 21:00 | Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. | Restaurant |
| | We also do deliveries! | |
| 09:15 | Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | Pool Stage |
| 10:00 | Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | Pool Stage |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength. | Fairground |
| 11:00 | Afrikiti ice breaker Pool split into two sections, each side gets chance to catch a flying frisbee without it touching the water. The first to 10 points wins. | Fairground |
| 11:15 | Horseback racing | Fairground |



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19:00

| 11:30 | Two at a time race against each other, rolling their tyres from one point to the next. | Fairground |
|-------|---|--------------------|
| 11:45 | Pop-up bean bags Teams of five against each other. Let's see who has the most beans in the bag. | Fairground |
| 12:15 | Sack race Put two feet in a bag and hop from one spot to the next. | Fairground |
| 12:30 | Three sticks Here's a super throwback game for all ages where you have to jump between three sticks to test your long-jump abilities. | Fairground |
| 14:00 | Angry Birds Shoot all your frustrations away and you might win a prize. | Fairground |
| 16:00 | Mini golf with music The best score at the end wins. Please note the different age groups. Junior contestants do a half course. Limited entries! | Minigolf Course |

Amazing Race

Our Teams amazing night race awaits. Teams of four.

Join the thrill under the stars!

Teams of two run across the pool with their partners on their backs; five teams at a time. Tyre roll races











Entries from 15:00.

| | Tuesday 1 July 2025 | |
|-----------------|---|------------|
| | Theme of the day: Talent Tuesday | |
| 08:00- 21:00 | Convenience store For a wonderful shopping experience, check out our shop for all your essential goodies. | Shop |
| 09:15 | Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | Pool Stage |
| 10:00 | Craft sessions Turn ordinary objects into extraordinary things. | Pool Stage |
| | The best things in life are handmade! | |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength. | Fairground |
| 11:00 | Afrikiti Ice Breaker: Golden retriever Colour balls on one side of the pool, split into four sections; each section has a bucket. The section with the most balls after five rounds wins. | Fairground |
| 11:15 | Musical chairs Run around four cones; if the music stops, those that not sitting on a chair are out. | Fairground |
| 11:45 | Happy Feet penguin walk | Fairground |
| 12:00 | Who can walk the fastest with both feet tied? Tug of war | Fairground |





| Records GOUDINI SPA YOUR VACATION INSPIRATION |
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| YOUR VACATION INSPIRATION |

| | Teams of five challenge each other | |
|-------|--|------------|
| | and see who will be the grand | |
| | champions | |
| 14:00 | Tik Tok trivia | Fairground |
| 14.00 | Who will be ranked the top | l'anground |
| | Tik Tok Trivia Trendsetter in our musical quiz. | |
| | Don't forget to follow us on Tik Tok | |
| | @atkvgoudinispa. | |
| 16:00 | Table tennis competition | Games |
| 10.00 | Who will be our best ping pong player? | Room |
| | Knockout format. Everyone welcome! | Noom |
| 19:00 | Goudini Step Up dance competition | Pool Stage |
| 19.00 | So you think you can dance? | FUUI Stage |
| | Enter your name and find out if you will be the | |
| | ultimate dance champion. | |
| | Remember to come with groovy vibes, as the crowd | |
| | will judge the winner! | |
| | Limited entries. | |

Wednesday 2 July 2025

Theme of the day: Warrior Wednesday

| 08:00- | Ontspan Beauty Spa | Spa |
|--------|---|-------|
| 17:00 | Do you need some relaxation? | Jpu |
| 17.00 | How about getting your nails done? | |
| | Or even a revitalising massage? | |
| | Then come to our beauty spa. | |
| | For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za | |
| 9:15 | Radio Goudini | Pool |
| | | Stage |





| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | |
|-------|---|------------|
| 10:00 | Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | Pool Stage |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength. | Fairground |
| 11:00 | Ball in the air Everyone in the pool has to keep the ball in the air before it hits the water. | Fairground |
| 11:15 | Musical hula stands Run around hulas and when the music stops, those not standing in a hula are out. | Fairground |
| 11:45 | Music stop and drop Everyone dances to the music If the music stops, then the last person sitting is out. | Fairground |
| 12:00 | Junior Gladiator The one with the fastest time to complete our obstacle course will walk away with the title of our ultimate Junior Gladiator. Limited entries! | Fairground |
| 15:00 | Gladiator Anyone can train to be a gladiator, what marks you is having a mind set like a champion Limited entries! | Fairground |





| 16:00 | Water polo | Fairground |
|-------|--|------------|
| | Hand soccer in the swimming pool. | |
| | Teams of six. Come and share in the | |
| | fun.Entries from 12:00. | |
| 19:00 | Lip-sync competition Dress up, go crazy and lip sync to your favourite family friendly song. Limited entries. | Pool Stage |

| Thursda | v 3 Ju | lv 2025 |
|---------------------------------------|--------|---------|
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| | Theme of the day: Thrill Seeker Thursday | |
|-----------------|---|------------|
| 08:00 -21:00 | Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. We also do deliveries! | Restaurant |
| 09:15 | Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | Pool Stage |
| 10:00 | Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | Fairground |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength. | Fairground |
| 11:00 | Afrikiti ice breaker: Heads or tails Everyone gets to choose; they either hold their heads or their tails, flip the | Fairground |



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|--------|--|------------|
| 11:30 | Back to the basics Back to back, hook arms in and run diagonally and see who wins. | Fairground |
| 11:45 | Musical hat challenge Everyone stands in a circle passing and putting the hat on each other's heads; the person who has the hat on their head when the music stops is out. | Fairground |
| 12: 15 | Dodgeball Everyone run from one point to the other if they are hit with a soft ball they are out. | Fairground |
| 14:00 | Fear Factor Face your fears in this scary challenge. Limited entries. | Fairground |
| 16:00 | 8-ball Billiard Pool Challenge Sink balls like a pro and be the champion of the pool table. Never give up until the last ball falls. | Games Room |
| 19:00 | Escape Room Do you have what it takes to escape the room? Teams of five have 10 minutes to complete the challenge! May the best team win! | Fairground |
| | | |

Friday 4 July 2025 Theme of the day: Funky Friday

they are out.









| 08:00- 17:00 | Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za | Spa |
|-----------------|---|------------|
| 09:15 | Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | Pool Stage |
| 10:00 | Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade! | Fairground |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced Stress and improved muscular endurance and strength. | Fairground |
| 11:15 | Skipping rope challenge Who can skip the longest? | Fairground |
| 11:30 | Three-legged races Two people, one foot of each is tied to the other; run to a certain point and back. | Fairground |
| 12:00 | Bounce Let's play some hand tennis, four players at a time. | Fairground |
| 12:30 | Hula hoop challenge | Fairground |





Let's see who can hula the longest!

| | All ages welcome. | |
|-------|---|---------------------|
| 14:00 | Tik Tok treasure hunt Bring your cellphone and take family friendly Tik Toks around the resort. | Fairground |
| 16:00 | Volleyball All welcome! | Volleyball Court |
| 19:00 | Music Madness Let's test your general music knowledge. Loads of prizes to be won . | Pool Stage |

Saturday 5 July 2025

| | Theme of the day: Sassy Saturday | |
|-----------------|---|------------|
| 08:00- 21:00 | Convenience store For a wonderful shopping experience, check out our shop for all your essential goodies. | Shop |
| 09:15 | Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | Fairground |
| 10:00 | Fun with our mascots Sing and dance with our mascots, Goudi and Nispa. | Pool Stage |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength. | Fairground |
| 11:00 | Afrikiti ice breaker Whirl | Fairground |





| Everyone in the pool moves in the |
|-----------------------------------|
| same direction in a circle. |

| 11:15 | Musical balls Stand in a circle and pass on the ball. The person that has the ball when the music stops is out! | Fairground |
|-------|---|------------|
| 11:45 | Hula crawlers Teams of five crawl through hula hoops in this extraordinary race. Limited entries. | Fairground |
| 12:15 | Balloon centipedes Teams of five race around the pool with balloons separating them. | Fairground |
| 12:30 | Human wheelbarrow Teams of two battle it out in this classic race. | Pool Stage |
| 14:00 | Water Olympics It's our own inter-house games as teams of six will represent their various houses! May the best house win! Entries from 10:00. | Fairground |
| 16:00 | Frisbee water netball Teams of seven compete for the title of Goudini's champion. Let's make it a splash! | Fairground |
| 19:30 | Diva and dynamite Get ready for an explosive night of talent, as the amazingly talented Andrea Fortuin and Zayd Damon showcase their unique and powerful vocal abilities. | Pool Stage |





| | Sunday 6 July 2025 Theme of the day: Soulful Sunday | |
|-----------------|--|------------|
| 08:00- 18:00 | Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. | Restaurant |
| | We also do deliveries! | |
| 10:00 | Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | Fairground |
| 11:00 | Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | Fairground |
| 12:00 | Capture the moment Show us your favourite picture or video of your time at our holiday resort. | Fairground |
| 16:00 | Tug of war Teams of five challenge each other and see who will be the grand champions | Fairground |
| 19:30 | Mysterious parade through our resort Dress up funny and walk through the resort with us. This will be followed by a games night at our destination. | Pool Stage |





| | Monday 7 July 2025 Theme of the day: Motivated Monday | |
|-----------------|---|------------|
| 08:00- 17:00 | Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. | Spa |
| | For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za | |
| 09:15 | Radio Goudini | Pool Stage |
| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | |
| 10:00 | Fun with our mascots Sing and dance with our mascots Goudi and Nispa. | Fairground |
| 10:30 | Aquatic exercises | Fairground |
| | Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength | |
| 11:00 | Afrikiti ice breaker Lower the bar in this fun-filled limbo dance. | Fairground |
| 11:15 | Balloon burst up | Fairground |
| | Who can blow up the balloon the fastest until it pops? | |
| 11:30 | Foot Crackers Attach balloon to your foot with a string, keep your balloon safe and burst others' balloons with your feet. | Fairground |





| 11:45 | Master Blaster Its girls versus boys in this water pistol challenge. | Fairground |
|-------|---|-----------------|
| 12:15 | Brain Freeze Race | Fairground |
| | Teams of two battle each other in this classic. | |
| 14:00 | The Fast and the Furious Vroom! | New track |
| | Feel like an F1 racer and enjoy our custom-made | |
| | Goudini car. | |
| 16:00 | Volleyball All welcome! | Volleyball Area |
| 19:00 | Movie under the stars Bring your camping chair or blanket and enjoy | Pool Stage |
| | The big-screen movie at the swimming pool. | |

| | Tuesday 8 July 2 Theme of the day: Trending T | |
|-----------------|---|------------|
| 08:00- 17:00 | Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. | Spa |
| | For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za | |
| 09:15 | Radio Goudini | Pool Stage |
| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | |





| 10:00 | Craft sessions | Fairground |
|-------|--|------------|
| | Turn ordinary objects | l'unground |
| | into extraordinary | |
| | things. | |
| | The best things in life | |
| | are handmade! | |
| 10:30 | Aquatic exercises | Fairground |
| | Let's work on health | |
| | benefits, such as | |
| | improved heart health, | |
| | reduced stress and | |
| | improved muscular | |
| | endurance and strength. | |
| 11:00 | Afrikiti ice breaker | Fairground |
| 11.00 | The pool is split into two | Tanground |
| | sections; each side gets | |
| | chance to catch a flying | |
| | frisbee without it | |
| | touching the water. The | |
| | first to 10 points wins. | |
| 11:30 | Tik Tok treasure hunt | Fairground |
| 11.50 | Bring your cellphone and make family- | Tangiouna |
| | friendly Tik Toks at different locations | |
| | around the resort. | |
| 12:00 | Like a bridge over troubled | Fairground |
| 12.00 | waters | Tanground |
| | It's girls versus boys in this titanic | |
| | struggle: A battle for the ages as | |
| | we see who is the dominant | |
| | gender at Goudini Spa. | |
| 14:00 | Double Dare Games! | Fairground |
| 1100 | It's all a mystery as we dare you to | |
| | try out our crazy games. | |
| | | |





| 16:00 | 8-ball Billiard Pool Challenge Sink balls like a pro and be the champion of the pool table. Never give up until the last ball falls. | Games Ro |
|-------|--|----------|
| 19:00 | Teen Vibes The entertainment team brings the vibe | The Yard |

with the latest music to make this a 'lekker jol'. Strict security!

iames Room

| Wednesd | lav 9 | Julv | 2025 |
|------------------|-------|------|------|
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Theme of the day: Win it on a Wednesday

| 09:15 | Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | Pool Stage |
|-------|--|------------|
| 10:00 | Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | Pool Stage |
| 10:30 | Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade! | Fairground |
| 11:00 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and | Fairground |





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|-----------------|--|------------------|
| | improved muscular endurance and strength. | |
| 11:30 | Capture the moment Show us your favourite picture or video of your celebration at our holiday resort. | Fairground |
| 11:45 | Balloon burst up Who can blow up the balloon the fastest until it pops? | Pool Stage |
| 12:00 | Minute to Win It Contestants get 60 seconds to complete our challenges. | Fairground |
| 14:00 | Angry Birds Shoot all your frustrations away and you might win a prize. | Fairground |
| 16:00 | T20 Cricket Everyone welcome! | Day Visitor camp |
| 19:30 | Night entertainment Enjoy a fun-filled night with the entertainment team | Pool Stage |
| | Thursday 10 July | 2025 |
| | Theme of the day: Titan Thu | ursday |
| 08:00- 21:00 | Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. | Restaurant. |
| | We also do deliveries! | |
| 09:15 | Radio Goudini Our interactive radio | Pool Stage |





| station at the swimming pool with the latest news, weather, sports events and fun competitions. 10:00 Puppet Adventures of Goudi and Nispa Come and join a fun- filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! 10:30 Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength. 11:00 Ball in the air Everyone in the pool has to keep the ball in the air before it hits the water. 11:15 On your parents Children stand on their parents' shoulders, | |
|--|---|
| 10:00Puppet Adventures of Goudi and Nispa Come and join a fun- filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!Fairground10:30Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.Fairground11:00Ball in the air Everyone in the pool has to keep the ball in the air before it hits the water.Fairground11:15On your parents shoulders Children stand on theirFairground | pool with the latest news, weather, sports events and fun |
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| puppets as we follow them on their crazy and educational adventures!Fairground10:30Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.Fairground11:00Ball in the air Everyone in the pool has to keep the ball in the air before it hits the water.Fairground11:15On your parents shoulders Children stand on theirFairground | |
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| 11:00 Everyone in the pool has Fairground Everyone in the pool has to keep the ball in the air before it hits the water. Dn your parents 11:15 On your parents Shoulders Fairground Children stand on their | Ball in the air |
| to keep the ball in the air before it hits the water. 11:15 On your parents shoulders Children stand on their | Fairground |
| before it hits the water. 11:15 Thildren stand on their | |
| 11:15On your parents shouldersFairgroundChildren stand on their | • |
| Shoulders Children stand on their | On your parents |
| | Fairground |
| | Children stand on their |
| | parents' shoulders, |
| make sure to maintain a | • |
| safe distance. Who will | |
| be the last team | be the last team |
| standing? | standing? |
| 11:30 Water balloon toss Fairground | Water balloon toss Fairground |





| | Two people throw a water balloon at each other; the distance gets further and further. See who can throw the farthest without breaking the balloon. | |
|---------------------|--|------------------|
| 12:00 | Junior Gladiator The one with the fastest time to complete our obstacle course will walk away with the title of our ultimate Junior Gladiator. Limited entries! | Fairground |
| 14:00 | Strongman and Strongwoman Challenge Who will be the strongest person at ATKV Goudini Spa? Limited entries! | Fairground |
| 17:00 | Blitzbok touch rugby Side-steps, swerves, line-outs – this all makes for a super tournament. Seven on a side. | Day Visitor camp |
| 19:00 | Game and giggles Enjoy a lovely games night with games such as Bingo, Domino's, finger board, etc. | Pool Stage |
| Friday 11 July 2025 | | |
| | Theme of the day: Flashback F | |
| 08:00- 17:00 | Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. | Spa |







| | email goudinispa@atkv.org.za | |
|-------|--|------------|
| 09:15 | Radio Goudini | Fairground |
| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | |
| 10:00 | Puppet Adventures of Goudi and Nispa Come and join a fun- filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | Fairground |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength | Fairground |
| 11:15 | Hopscotch Old as dare, drawn as a square, including a few circle shapes here and there, with many hops and many stops. | Fairground |
| 11:30 | Three cans All welcome to join for this classic. | Fairground |

For bookings, contact 023 349 8162 or





| 11:45 | Back to the basics Back to back, hook arms in and run diagonally and see who wins. | Fairground |
|-----------------|--|------------|
| | | |
| 12:00 | Bingo As I lay me down to a slumber. All I need is one more number. When to the next game I go. All i pray for is just to | Fairground |
| | shoutBINGO! | |
| 15:00 | Music Madness Let's test your general music knowledge. Loads of prizes to be won. | Fairground |
| 17:00 | Water volleyball Let's make it a splash. | Fairground |
| | All welcome! | |
| 19:30 | Goudini Talent Evening Goudini's Got Talent. Entries from 16:00 | Pool Stage |
| | Saturday 12 July | 2025 |
| | Theme of the day: Showtime Saturd | |
| 08:00- 21:00 | Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. We also do deliveries! | Restaurant |
| 00.45 | Radio Goudini | |
| 09:15 | Our interactive radio station at the swimming pool with the latest news, | Pool Stage |







| | weather, sports events and fun competitions. | |
|-------|--|------------|
| 09:45 | Fun with our mascots Sing and dance with our mascots, Goudi and Nispa. | Fairground |
| 10:15 | Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade! | Fairground |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength. | Fairground |
| 11:00 | Hula swim Teams that can swim the fastest through hulas under water. | Fairground |
| 11:30 | Hula strikers Kick the ball through a hula. Who will kick the furthest? | Fairground |
| 11:45 | Horseback racing Teams of two run across the pool with their partners on their backs; five teams at a time. | Fairground |
| 12:00 | Capture the flag A classic game that involves teamwork, strategy and lots of | Fairground |





| 101 | | |
|--------|--|------------|
| | running. Teams of five. Limited Entries. | |
| 14:00 | Power couple Who will be the couple this winter? | Fairground |
| 16:00 | Water polo | Fairground |
| | Hand soccer in the swimming pool. Teams of six. Come and share in the fun. | |
| | Entries from 12:00. | |
| 19:30 | Super Saturday Showcase Join us for an unforgettable evening under the stars as the amazingly talented Dejavu CPT boyband and Daylin Sass light up the stage with their incredible vocals. | Pool Stage |
| | Sunday 13 July 20 | 025 |
| | Theme of the day: Slow Jam Su | unday |
| 08:00- | Convenience store | Shop |
| 18:00 | For a wonderful shopping experience, check out our shop for all your essential goodies. | |
| 10:00 | Puppet Adventures of Goudi and Nispa | Fairground |
| | Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | |
| | | • |





| 11:00 | Radio Goudini | Pool Stage |
|-----------------|--|---------------|
| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | - |
| 12:00 | Capture the moment Show us your favourite picture or video of your time at our holiday resort. | Fairground |
| 16:00 | PS4 FIFA tournament Knock out tournament to determine our grand champion! Limited entries. | Games Room |
| 19:30 | Movie under the stars Bring your camping chair or blanket and enjoy The big-screen movie at the swimming pool. | Fairground |
| | Monday 14 July | |
| 08:00- 17:00 | Theme of the day: Musical M Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. | Monday Spa |
| | For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za | |
| 09:15 | Radio Goudini | Fairground |





| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | |
|-------|---|------------|
| 10:00 | Fun with our mascots Sing and dance with our mascots, Goudi and Nispa. | Fairground |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength | Fairground |
| 11:00 | Music stop and drop Everyone dances to the music If the music stops, then the last person sitting is out. | Fairground |
| 11:30 | Musical hat challenge Everyone stands in a circle passing and putting the hat on each other's heads; the person who has the hat on their head when the music stops is out. | Fairground |
| 12:00 | Junior music trivia A musical quiz about your favourite kiddies programmes Theme songs! | Fairground |







| 14:00 | Minute to Win It Contestants get 60 seconds to complete our challenges. | Fairground | |
|---|---|------------------|--|
| 16:00 | Frisbee water netball | Volleyball Pitch | |
| | Teams of seven compete for the title of Goudini's champion. Let's make it a splash! | | |
| 19:00 | Mysterious parade through our resort Dress up funny and walk through the resort with us. This will be followed by a games night at our destination. | Pool Stage | |
| Tuesday 15 July 2025 Theme of the day: Throwback Tuesday | | | |
| 08:00- | Convenience store | Shop | |
| 21:00 | For a wonderful shopping experience, check out our shop for all your essential goodies. | | |
| 09:15 | Radio Goudini | Fairground | |
| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | | |
| 10:00 | Puppet Adventures of Goudi and Nispa | Fairground | |





| | Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | |
|-------|--|----------------|
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength. | Fairground |
| 11:00 | Red Light Green Light It's a stop and start situation in this classical game. All welcome! | Fairground |
| 12:00 | Like a bridge over troubled waters It's girls versus boys in this titanic struggle: A battle for the ages as we see who is the dominant gender at Goudini Spa. | Fairground |
| 14:00 | Glamorous Grandma Who will be Goudini's next recycled teen? | Fairground |
| 17:00 | Mini golf with music The best score at the end wins. Please note the different age groups. Junior contestants do a half course. Limited entries! | Mini Golf area |
| 19:00 | Goudini Step Up dance competition So you think you can dance? Enter your name and find out if you will be the ultimate dance champion. Remember to come with groovy vibes, | Pool Stage |





as the crowd will judge the winner!

Limited entries.

| | Wednesday 16 Jul | |
|-------|--|------------|
| | Theme of the day: Wow Wedn | esday |
| 09:15 | Radio Goudini | Pool Stage |
| | Our interactive radio station at the | |
| | swimming pool with the latest news, | |
| | weather, sports events and fun | |
| | competitions. | |
| 10:00 | Puppet Adventures of Goudi and Nispa | Fairground |
| | Come and join a fun- filled kiddies show with | |
| | our custom hand | |
| | puppets as we follow | |
| | them on their crazy and | |
| | educational adventures! | |
| 10:30 | Aquatic exercises | Fairground |
| 10.50 | Let's work on health | Tanground |
| | benefits, such as | |
| | improved heart health, | |
| | reduced stress and | |
| | improved muscular | |
| | endurance and strength. | |
| 11:00 | Musical chairs | Fairground |
| | Run around four cones; if the music stops, those that not sitting on a chair | |
| | are out. | |
| | Sack races | |
| 11:30 | Put two feet in a bag and hop from one | Fairground |
| | spot to the next | |
| 12.00 | Water Olympics | Fairground |
| 12:00 | | Fairground |





| | It's our own inter-house games as teams of six | |
|--------|---|------------|
| | will represent their | |
| | various houses! | |
| | May the best house win! | |
| | Entries from 10:00. | |
| 14:00 | The Fast and the Furious Vroom! | Fairground |
| | Feel like an F1 racer and enjoy our custom- | |
| | made Goudini car. | |
| 16:00 | Water polo | Fairground |
| | Hand soccer in the swimming pool. | |
| | Teams of six. Come and share in the | |
| | fun.Entries from 12:00. | |
| 19:00 | Love, laughter and karaoke | Fairground |
| | Join in the fun for a golden ticket | <u> </u> |
| | or wooden mic. Karaoke is no joke! | |
| | Thursday 17 July | 2025 |
| | Theme of the day: Tasty Thu | ırsday |
| 08:00- | Ontspan Beauty Spa | Spa |
| 17:00 | Do you need some relaxation? | . , |
| | How about getting your nails done? | |
| | Or even a revitalising massage? Then come to our beauty spa. | |
| | For bookings, contact 023 349 8162 or | |
| | email goudinispa@atkv.org.za | |
| 09:15 | Radio Goudini | Fairground |
| | Our interactive radio station at the | |
| | swimming pool with the latest news, | |
| | | |







| | weather, sports events and fun competitions. | |
|-------|---|------------|
| 10:00 | Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade! | Fairground |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength | Fairground |
| 11:00 | Tooth pick tournament Who can eat the fastest with a toothpick? | Fairground |
| 11:15 | Motor Mouth Who can peel an orange with their mouth the fastest, while their hands is behind their backs? | Fairground |
| 11:30 | Brain Freeze Race Teams of two battle each other in this classic | Fairground |
| 12:00 | Creative Cupcake competition Who will be our next cupcake champion? Loads of cool prizes to be won. | Fairground |
| 14:00 | Dizzy Dash quiz Let's get spinning in this fun filled pop quiz. | Fairground |
| | Five per team. Entries from 12:00. | 18 |





| 16:00 Table tennis competition Games Room 16:00 Who will be our best ping pong player? Knockout format. Everyone welcome! Fun Park 19:30 Escape Room Do you have what it takes to escape the room? Teams of five have 10 minutes to complete the challenge! May the best team win! Fun Park 08:00- 21:00 Koswerf is ready for the whole family enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. Restaurant 09:15 Radio Goudini Fairground | | | |
|---|-------|---|------------|
| Knockout format. Everyone welcome! 19:30 Escape Room Fun Park Do you have what it takes to escape the room? Teams of five have 10 minutes to complete the challenge! May the best team win! Fun Park Friday 18 July 2025 Theme of the day: Feel good Friday 08:00- 21:00 Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. Restaurant For bookings, WhatsApp 076 833 9999. We also do deliveries! Pairground 09:15 Radio Goudini Fairground | 16:00 | Table tennis competition | Games Room |
| 19:30 Fun Park Do you have what it takes to escape the room? Teams of five have 10 minutes to complete the challenge! May the best team win! Friday 18 July 2025 Friday 18 July 2025 Theme of the day: Feel good Friday 08:00- 21:00 Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. Restaurant For bookings, WhatsApp 076 833 9999. We also do deliveries! 09:15 Radio Goudini Our interactive radio station at the | | | |
| Theme of the day: Feel good Friday08:00- 21:00Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. We also do deliveries!Restaurant09:15Radio GoudiniFairgroundOur interactive radio station at theFairground | 19:30 | Do you have what it takes to escape the room? Teams of five have 10 minutes to complete the challenge! | Fun Park |
| 08:00- 21:00Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. We also do deliveries!Restaurant09:15Radio Goudini Our interactive radio station at theFairground | | Friday 18 July 2 | 025 |
| 08:00- 21:00 The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. Restaurant For bookings, WhatsApp 076 833 9999. We also do deliveries! 09:15 Radio Goudini Our interactive radio station at the | | Theme of the day: Feel good | Friday |
| 09:15 Radio Goudini Fairground Our interactive radio station at the | | The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. | Restaurant |
| Our interactive radio station at the | | We also do deliveries! | |
| | 09:15 | Radio Goudini | Fairground |
| weather, sports events and fun competitions. | | swimming pool with the latest news, weather, sports events and fun | |
| 09:45 Puppet Adventures of Goudi and Nispa Come and join a fun- filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | 09:45 | Come and join a fun- filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures! | Fairground |
| 10:15Craft sessionsFairgroundTurn ordinary objects | 10:15 | | Fairground |





| | into extraordinary things. | |
|-------|---|------------|
| | The best things in life are handmade! | |
| 10:30 | Aquatic exercises | Fairground |
| 10.50 | Let's work on health | langiound |
| | benefits, such as | |
| | improved heart health, | |
| | reduced stress and | |
| | improved muscular | |
| | endurance and strength. | |
| 11:00 | Skipping rope challenge | Fairground |
| 11.00 | Who can skip the | |
| | longest? | |
| 11:15 | Horseback racing | Fairground |
| 11.10 | Teams of two run across | |
| | the pool with their | |
| | partners on their backs; | |
| | five teams at a time. | |
| 11:30 | Musical balls | Fairground |
| | Stand in a circle and pass on the ball. The | |
| | person that has the ball when the music | |
| | stops is out! | |
| 12:00 | Hula hoop challenge | Fairground |
| | Let's see who can hula | |
| | the longest! | |
| | All ages welcome. | |
| 14:00 | Angry Birds | Fairground |
| | Shoot all your frustrations away and you | |
| | might win a prize. | |
| 16:00 | Water volleyball | Fairground |
| | Let's make it a splash. | 0.0 |
| | All welcome! | 14 |





| YOUR | VACATION INSPIRATION | |
|-----------------|---|----------------|
| 19:00 | Game and giggles Enjoy a lovely games night with games such as Bingo, Domino's, finger board, etc. | Pool Stage |
| | Saturday 19 July | |
| 08:00- 17:00 | Theme of the day: Sassy Sa Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. | aturday Spa |
| | For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za | |
| 09:15 | Radio Goudini | Fairground |
| | Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions. | |
| 09:45 | Fun with our mascots Sing and dance with our mascots Goudi and Nispa. | Fairground |
| 10:15 | Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade! | Fairground |
| 10:30 | Aquatic exercises Let's work on health benefits, such as improved heart health, | Fairground |







reduced stress and improved muscular endurance and strength

| 11:15 | Afrikiti ice breaker Lower the bar in this fun-filled limbo dance. | Fairground |
|-------|--|------------------|
| 11:30 | Freeze Tag | Fairground |
| | Let's improvise and act out our freezing abilities. All ages welcome | |
| 12:00 | Lip-sync competition Dress up, go crazy and lip sync to your favourite family friendly song. Limited entries. | Fairground |
| 15:00 | Gladiator Anyone can train to be a gladiator, what marks you is having a mind set like a champion Limited entries! | Fairground |
| 16:00 | Soccer Five-on-a-side tournament. | Day Visitor camp |
| | Limited entries from 12:00 to 14:00. | |
| 19:00 | Passion Project live band Sing and dance to your favourite tunes with the Passion Project and Mario the Entertainer. | Pool Stage |

Sunday 20 July 2025

Theme of the day: Soothing Sunday





| 08:00- | Convenience store | Shop | |
|--------|---|------------|--|
| 18:00 | For a wonderful shopping experience, check out our shop for all your essential goodies. | | |
| 09:00 | Radio Goudini | Fairground | |
| | Our interactive radio station at the | | |
| | swimming pool with the latest news, | | |
| | weather, sports events and fun | | |
| | competitions. | | |

Please note that any visitors participating in any ATKV activities do so at their own risk. We request that parents ensure that their children are supervised when participating in the activities. The ATKV and its employees are not liable for any damage, injury or loss arising from participation in any activities. All activities will take place as scheduled. However, some activities may be influenced by the weather. If it is raining, alternative activities will take place in the games room or at the indoor pool area.

We invite all adults to also participate in our holiday programme.

THE PROGRAMME IS SUBJECT TO CHANGE.





Guest Artists



Daylin Sass



Andrea Fortuin



Dejavu CPT



Mario the Saxophonist







Zayd Damon



Iconic Dance Fam

Sponsors











EMERGENCY CONTACT NUMBERS / Police

| Rawsonville Police | 023 349 8300 |
|--------------------------------|--------------|
| Worcester Police | 023 348 8600 |
| Wolseley Police | 023 231 8000 |
| Security firms | |
| LTS (24/7 control room) | 0814651998 |
| | 0813573108 |
| Office | 0233427757 |
| Doctor | |
| Dr Truter (Rawsonville) | 023 349 1383 |
| Rawsonville Clinic | 023 349 1042 |
| EXP Medical Centre (Worcester) | 023 347 2724 |
| | |





Dental Wize (Worcester)



| Hos | pital |
|-----|-------|
|-----|-------|

| MediClinic (Worcester) | 023 348 1500 |
|------------------------------|--------------|
| Worcester Hospital | 023 348 1100 |
| Ceres Hospital | 023 316 9600 |
| Netcare Ceres | 023 316 1304 |
| Ambulance Services | |
| Worcester Ambulance Services | 023 341 0177 |
| Ceres Ambulance | 023 316 1350 |
| | |
| Dentist | |
| Dr M Marais (Rawsonville) | 023 349 6744 |
| 360° Dental (Worcester) | 023 342 1170 |
| | |

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023 347 2915

