

ATKV GOUDINI SPA WELCOMES YOU

It is once again the Goudini team's great pleasure to welcome all our guests at our beautiful holiday resort, ATKV Goudini Spa.

A hearty welcome to our guests who are visiting us for the first time. We trust that you will also have an unforgettable and wonderful time here with us. Make special memories that you can treasure for years to come.

We built a new kiosk at the pool, and we moved the bathrooms at the inside block closer to the kiosk. The stage is also a new addition to the inside block. Unfortunately, we do not have changing rooms yet, but we are planning to add this next year.

THINGS TO ENJOY AT GOUDINI SPA

Entertainment

The clean, fresh Boland air offers everyone an opportunity to experience the resort at its best and in a unique way.

We offer an exciting and fun daily entertainment programme for the whole family. We have arranged free shows by some of our best guest artists. All our guests are welcome to enjoy and experience these guest performers during their stay. There are also wonderful movie nights, exciting dance and talent competitions and much more. Please support all these special activities that are offered with love by our staff.

Games, activities and recreation

Please also enjoy our facilities for young and old, for example:

- Water slide
- Mini golf course
- Trampolines
- Games room,

including pool

- Tennis courts
- Volleyball court
- Swimming pools
- Hiking route
- Jacuzzis (Please book and pay first at the shop)

Koswerf Restaurant

Goudini Spa also boasts a Koswerf Restaurant that offers delicious meals to choose from and takeaways. Please check the programme daily for specials.

Kiosk

Our kiosk at the pool sells donuts, Chip n Dip and slushies.

Halaal Restaurant

The Halaal restaurant is next to the shop. Here, we offer all our Halaal guests a variety of takeaway meals.

Shop

The shop provides for everything that you need, and holidaygoers don't have to leave the resort for their daily bread, milk, etc. It will all be available here, for our guests' convenience.

Get spoiled at the Spa

Goudini's spa treatments revitalise your body, mind and spirit. We take you on a journey filled with wonderful experiences to relieve your body of all stress. Enjoy a refreshing massage, pedicure or just have your nails done. Have a look at the special offerings and visit the spa behind the games room.

First aid

Please note of the following regarding first aid:

- The first-aid room is at the swimming pools next to the Tulbagh units.
- **Please report to any staff member and ask for first-aid services.**

- The main gate can be contacted 24 hours a day on 023 349 8126 if an ambulance is needed.
- Most of the staff have First aid Level 1 training and can assist with minor injuries like cuts, etc.
- **IMPORTANT: THERE ARE NO LIFEGUARDS AT OUR SWIMMING POOLS. PLEASE REMEMBER THAT YOUR CHILD'S SAFETY IS IMPORTANT. IT REMAINS YOUR RESPONSIBILITY TO ALWAYS SUPERVISE YOUR CHILD.**

Laundry

This facility is close to the tennis courts. If you want to use it, coins are for sale at the shop.

Breede River Valley and surrounds

Our resort, ATKV Goudini Spa, is located in the breath-taking Breede River Valley, 29 km from our closest Boland town, Worcester. Without a doubt, our environment is a real paradise for lovers of the outdoors, the beauty of nature and exciting activities. For the adventurous and the curious, there are quite a few activities to do and places and attractions to be visited:

- The Open-air Museum
- National Karoo Botanical Gardens
- Kleinplasia
- Bosjes
- The Vetspens
- Canoes
- 4x4 routes
- Walking trails
- Horse-riding
- Game-viewing
- Farm stalls

Conservation of fauna and flora

We urgently appeal to all our guests, young and old, to take care of our beautiful resort. Please remember:

- No plants may be damaged.
- No plants may be removed.
- No plants may be taken home with you.
- No animals may be hurt.
- No animals may be taken home with you.

Our resort is part of a precious fynbos ecosystem, and we thank you in advance for respecting and conserving our fauna and flora. If any of our guests make themselves guilty of any of the above, they will face serious consequences.

Please enjoy your holiday and be responsible.

Kind ATKV regards

Pieter du Toit

Resort Manager

RESORT RULES

Although we do not want to create the impression that the other rules of the resort are less important, we want to bring the following to your attention:

- No music is allowed as it is a disturbance to other people at the resort. No music may be played from vehicles.
- Excessive noise or loud music will not be tolerated at all.
- After 23:00 in the evening, there should be silence in the resort, and no noise will be tolerated. After a second warning you might be asked to leave the resort without a refund.
- Any person under the influence of alcohol and who misbehaves will be asked to leave the resort immediately.
- No drunkenness will be tolerated at any time at the resort.
- The smoking of a hubbly bubbly is not allowed.
- The gathering of wood is prohibited. Fire wood is available at the shop.
- The swimming pools are not fenced. The person in whose care babies, toddlers and older children enter the resort, is responsible for their safety.
- Babies should always be wearing a swimming nappy in the swimming pool.
- The swimming pools are approximately one meter deep at the shallow end. Diving is therefore not advised.
- Only proper swimwear is allowed in the swimming pools. Shorts, underwear or gym clothes are not acceptable.
- No eating, drinking or smoking is allowed in any swimming pool – not even in the kiddies' pool.
- Large cooler boxes, gazebos and excessive drinking and noise at the swimming pools are strictly prohibited.
- No braaiing is allowed on the lawns at the swimming pools.
- Pre-school children must always be accompanied by an adult at the swimming pools and on the playground. There are no lifeguards on duty.
- The roads in the resort are public roads; all the usual traffic rules apply. Please keep to the speed limit as indicated.
- It is not allowed to drive in the resort at night without lights. That applies to bicycles or any other vehicles.
- Please note that here at ATKV Goudini Spa we are very close to nature. Please be on

- the lookout for any wildlife such as snakes, spiders etc. and treat it with respect.
No pets are allowed at the resort.

Operating hours

Reception – 023 349 8100

Sundays-Thursdays	08:00-17:00
Fridays	08:00-19:00
Saturdays	08:00-15:00
Public holidays	08:00-15:00

Koswerf Restaurant & Halaal Restaurant 023 349 8153/023 349 8145

Mondays-Thursdays	08:00-20:00
Fridays and Saturdays	08:00-21:00
Sundays	08:00-18:00

Shop – 023 349 8152

Mondays-Thursdays	08:00-20:00
Fridays and Saturdays	08:00-21:00
Sundays	08:00-18:00

Mini golf, trampolines and super tube

Mondays-Saturdays 09:00-19:00

Sundays 09:00-16:00

Spa

Mondays-Saturdays 08:00-17:00

Sundays Closed

Public holidays Closed

Highlights

- Karaoke
- Movie night
- Five-a-side soccer
- Awareness show
- Gladiator challenges
- Power couple
- Escape Room
- Fear Factor
- Dance challenge
- Goudini's Got Talent
- Lip sync battle

Entry form activities

- Five-a-side soccer
- FIFA PS4
- Vroom challenge

- Lip sync battle
- Karaoke
- Dance competition
- Minigolf
- 8-ball pool competitions
- Table tennis competition
- Water polo
- Gladiator challenges
- Touch rugby
- Power couple
- Escape Room
- Minute to Win It
- Goudini's Got Talent
- Challenge your double

Friday 28 March 2025

Theme of the holiday: Bonfire Blitz Festival

08:00-
21:00

Welcome to ATKV Goudini Spa!

Koswerf is ready for the whole family

The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant.

For bookings, WhatsApp 076 833 9999.

Restaurant

We also do deliveries!

14:00

Radio Goudini

Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.

Pool Stage

14:00-
18:00

Capture the moment

Show us your favourite picture or video of your arrival at our holiday resort.

Visit our Facebook page @ ATKV Goudini Spa and post in the comment section. Your picture or video will be played on our big screen before our movie trivia.

Fairground

19:30

Movie trivia

How well do you know your movies? Give our quiz a try and find out if you are our next movie maestro.

Pool Stage

20:00

Movie under the stars

Bring your camping chair or blanket and enjoy the big-screen movie at the swimming pool.

Pool Stage

Saturday 29 March 2025

Theme of the day: Social Saturday

08:00-17:00	<p>Ontspan Beauty Spa</p> <p>Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa.</p> <p>For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za</p>	Spa
09:15	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Pool Stage
10:00	<p>Fun with our mascots</p> <p>Sing and dance with our mascots, Goudi and Nispa.</p>	Fairground
10:30	<p>Aquatic exercises</p> <p>Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.</p>	Fairground
11:00	<p>Afrikiti ice breaker</p> <p>How good are your catching abilities? Try to catch the ball before it touches the water.</p> <p>Spot prizes up for grabs!</p>	Fairground
11:15	<p>Tiny Tots toddler challenge</p> <p>Calling all toddlers to join in our competition with games.</p>	Fairground
11:30	<p>Musical balls</p>	Fairground

Stand in a circle and pass on the ball.
The person that has the ball when
the music stops is out!

12:00

On your parents shoulders

Children stand on their parents'
shoulders, make sure to maintain a
safe distance. Who will be the last
team standing?

Fairground

12:15

Brain Freeze Race

Teams of two battle each other in this classic.

Fairground

14:00

Water Olympics

It's our own inter-house games as
teams of six will represent their
various houses!
May the best

Pool Stage

16:00

Water polo

Hand soccer in the swimming pool.
Teams of six. Come and share in the
fun.

Fairground

20:00

Love, laughter and karaoke

Join in the fun for a golden ticket or
wooden mic. Karaoke is no joke!

Pool Stage

Sunday 30 March 2025

Theme of the day: Soothing Sunday

08:00-

Convenience store

Shop

18:00

For a wonderful shopping experience, check out our
shop for all your essential goodies.

10:00	<p>Puppet Adventures of Goudi and Nispa</p> <p>Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!</p>	Pool Stage
11:00	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Pool Stage
12:00	<p>Capture the moment</p> <p>Show us your favourite picture or video of your time at our holiday resort.</p>	Fairground
16:00	<p>PS4 FIFA tournament</p> <p>Knock out tournament to determine our grand champion! Limited entries.</p>	Fairground
19:30	<p>Mysterious parade through our resort</p> <p>Dress up funny and walk through the resort with us. This will be followed by a games night at our destination.</p>	Fairground

Monday 31 March 2025

Theme of the day: Memorable Monday

08:00-20:00	<p>Koswerf is ready for the whole family</p> <p>The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999.</p> <p>We also do deliveries!</p>	Restaurant
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09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Pool Stage
09:30	Fun with our mascots Sing and dance with our mascots, Goudi and Nispa.	Pool Stage
10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.	Fairground
11:00	Afrikiti ice breaker Pool split into two sections, each side gets chance to catch a flying frisbee without it touching the water. The first to 10 points wins.	Fairground
11:15	Horseback racing Teams of two run across the pool with their partners on their backs; five teams at a time.	Fairground
11:30	Blind Man's Buff Dive out items from the swimming pool while you are blindfolded. Limited entries.	Fairground
11:45	Freeze Tag Come let's improvise and act out our freezing abilities.	Fairground
12:00	Bingo As I lay me down to a slumber All I need is one more number When to the next game I go All I pray for is just to shout ... BINGO!	Fairground
12:15	Sack races Put two feet in a bag and hop from	Day visitor

one spot to the next.

pitch

12:30

Three Sticks

Here's a super throwback game for all ages where you have to jump between three sticks to test your long-jump abilities.

Day visitor
pitch

14:00

Angry Birds

Shoot all your frustrations away and you might win a prize.

Fairground

1600

Mini golf with music

The best score at the end wins.
Please note the different age groups.
Junior contestants do a half course.
Limited entries!

Minigolf
Course

19:30

Goudini Game Night

Enjoy a lovely games night with games such as Bingo, Domino's, fingerboard etc.

Fairground

Tuesday 1 April 2025

Theme of the day: April Fool's Day

08:00-
20:00

Convenience store

For a wonderful shopping experience, check out our shop for all your essential goodies.

Shop

09:15

Radio Goudini

Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.

Pool Stage

09:30

Puppet Adventures of Goudi and Nispa

Come and join a fun-filled kiddies show with our

Fairground

custom hand puppets as we follow them on their
crazy and educational adventures!

10:00	<p>Craft sessions Turn ordinary objects into extraordinary things.</p> <p>The best things in life are handmade!</p>	Pool Stage
10:30	<p>Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.</p>	Fairground
11:00	<p>Derrick the Mime Join in on the fun and laughter with our Silent funny guy Derrick the Mime.</p>	Fairground
11:15	<p>Afrikiti Ice Breaker: Golden retriever Colour balls on one side of the pool, split into four sections; each section has a bucket. The section with the most balls after five rounds wins.</p>	Fairground
11:45	<p>Brain Freeze Race Teams of two battle each other in this classic.</p>	Fairground
12:00	<p>Pop-up bean bags Teams of five against each other. Let's see who has the most beans in the bag.</p>	Fairground
12:15	<p>Water balloon toss Two people throw a water balloon at each other; the distance gets further and further. See who can throw the farthest without breaking the balloon.</p>	Fairground

12:30	Water bomb competition Who can make the biggest splash?	Fairground
14:00	The Fast and the Furious Vroom! Feel like an F1 racer and enjoy our custom-made Goudini car.	Pool Stage
16:00	8-ball Billiard Pool Challenge Sink balls like a pro and be the champion of the pool table. Never give up until the last ball falls.	Games Room
19:30	Lip-sync competition Dress up, go crazy and lip sync to your favourite family friendly song. Limited entries.	Pool Stage

Wednesday 2 April 2025

Theme of the day: Warrior Wednesday

08:00- 17:00	Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa.	Spa
09:30	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Pool Stage
09:45	Fun with our mascots Sing and dance with our mascots, Goudi and Nispa.	Pool Stage
10:00	Ball and spoon junior race Kids race by the pool with a spoon and ping pong ball.	Fairground

10:30	<p>Aquatic exercises</p> <p>Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.</p>	Fairground
11:00	<p>Ball in the air</p> <p>Everyone in the pool has to keep the ball in the air before it hits the water.</p>	Fairground
11:15	<p>Musical hula stands</p> <p>Run around hulas and when the music stops, those not standing in a hula are out.</p>	Fairground
11:45	<p>Music stop and drop</p> <p>Everyone dances to the music If the music stops, then the last person sitting is out.</p>	Fairground
12:00	<p>Junior Gladiator</p> <p>The one with the fastest time to complete our obstacle course will walk away with the title of our ultimate Junior Gladiator. Limited entries!</p>	Fairground
15:00	<p>Gladiator</p> <p>Anyone can train to be a gladiator, what marks you is having a mind set like a champion Limited entries!</p>	Fairground
16:00	<p>Table tennis competition</p> <p>Who will be our best ping pong player? Knockout format. Everyone welcome!</p>	Games Room
20:00	<p>Goudini Step Up dance competition</p> <p>So you think you can dance? Enter your name and find out if you will be the</p>	Pool Stage

ultimate dance champion.
Limited entries.

Thursday 3 April 2025

Theme of the day: Terror Thursday

08:00 -20:00	<p>Koswerf is ready for the whole family</p> <p>The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. We also do deliveries!</p>	Restaurant
09:15	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Pool Stage
09:45	<p>Puppet Adventures of Goudi and Nispa</p> <p>Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!</p>	Pool Stage
10:00	<p>Craft sessions</p> <p>Turn ordinary objects into extraordinary things.</p> <p>The best things in life are handmade!</p>	Fairground
10:30	<p>Aquatic exercises</p> <p>Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.</p>	Fairground
11:00	<p>Silverfox Snake and Scorpion Rescue</p> <p>Snake and scorpion awareness programme with Andre du Preez.</p>	Shiraz Hall

11:15	Afrikiti ice breaker: Heads or tails Everyone gets to choose; they either hold their heads or their tails, flip the coin and if it lands on their choice, they are out.	Fairground
11:30	Back to the basics Back to back, hook arms in and run diagonally and see who wins.	Fairground
11:45	Musical hat challenge Everyone stands in a circle passing and putting the hat on each other's heads; the person who has the hat on their head when the music stops is out.	Fairground
12:15	Master Blaster It's girls versus boys in this water pistol challenge.	Fairground
12:30	Dodgeball Everyone run from one point to the other if they are hit with a soft ball they are out.	Fairground
14:00	Fear Factor Face your fears in this scary challenge. Limited entries.	Fairground
16:00	T20 cricket Everyone welcome!	Day visitor pitch
19:30	Escape Room Do you have what it takes to escape the room? Teams of five have 10 minutes to complete the challenge. May the best team win!	Pool Stage

Friday 4 April 2025

Theme of the day: Funky Friday

08:00-17:00	<p>Onspan Beauty Spa</p> <p>Do you need some relaxation?</p> <p>How about getting your nails done?</p> <p>Or even a revitalising massage?</p> <p>Then come to our beauty spa.</p> <p>For bookings, contact 023 349 8162</p> <p>or email goudinisp@atkv.org.za</p>	Spa
09:15	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Pool Stage
09:30	<p>Yoga</p> <p>Start your day of by releasing some unwanted frustration at our meditation station.</p>	Fairground
11:00	<p>Skipping rope challenge</p> <p>Who can skip the longest?</p>	Fairground
11:15	<p>Three-legged races</p> <p>Two people, one foot of each is tied to the other; run to a certain point and back.</p>	Fairground
11:30	<p>Happy Feet penguin walk</p> <p>Who can walk the fastest with both feet tied?</p>	Fairground
11:45	<p>Tyre roll races</p> <p>Two at a time race against each other, rolling their tyres from one point to the next.</p>	Fairground

12:00	Bounce Let's play some hand tennis, four players at a time.	Fairground
12:30	Hula hoop challenge Let's see who can hula the longest!	Fairground
	All ages welcome.	
14:00	Music Madness Let's test your general music knowledge. Loads of prizes to be won.	Fairground
16:00	Water Volleyball All welcome!	Fairground
20:00	Goudini's Got Talent Let's see which of our guests will be the most talented at Goudini. Limited entries!	Pool Stage

Saturday 5 April 2025

Theme of the day: Showtime Saturday

08:00-21:00	Convenience store For a wonderful shopping experience, check out our shop for all your essential goodies.	Shop
09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Fairground
09:45	Fun with our mascots Sing and dance with our mascots, Goudi and Nispa, followed by crafts for our little ones.	Pool Stage
10:15	Craft sessions Turn ordinary objects into extraordinary things.	Fairground

The best things in life are handmade!

10:30	<p>Aquatic exercises</p> <p>Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.</p>	Fairground
11:00	<p>Musical chairs</p> <p>Run around four cones; if the music stops, those that not sitting on a chair are out.</p>	Fairground
12:00	<p>Hula crawlers</p> <p>Teams of five crawl through hula hoops in this extraordinary race. Limited entries.</p>	Fairground
12:15	<p>Human wheelbarrow</p> <p>Teams of two battle it out in this classic race.</p>	Fairground
12:30	<p>Balloon centipedes</p> <p>Teams of five race around the pool with balloons separating them.</p>	Fairground
15:00	<p>Power Couple</p> <p>Who will be the Couple this Autumn.</p>	Fairground
16:00	<p>Soccer</p> <p>Five-on-a-side tournament.</p>	Day visitor pitch
	Limited entries from 12:00 to 14:00.	
20:00	<p>Showtime under the stars</p> <p>Cape town Diva Karen Kortje is here to deliver a sweet and soulful performance.</p>	Pool Stage

Sunday 6 April 2025

Theme of the day: Soul Sunday

08:00-
18:00

Convenience store

Shop

For a wonderful shopping experience, check out our shop for all your essential goodies.

09:00

Radio Goudini

Fairground

Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.

Please note that any visitors participating in any ATKV activities do so at their own risk. We request that parents ensure that their children are supervised when participating in the activities. The ATKV and its employees are not liable for any damage, injury or loss arising from participation in any activities. All activities will take place as scheduled. However, some activities may be influenced by the weather. If it is raining, alternative activities will take place.

We invite all adults to also participate in our holiday programme.

THE PROGRAMME IS SUBJECT TO CHANGE.

Guest performers



Karin Kortje



Derrick the Mime



Silverfox Snake and Scorpion awareness show

Sponsors



EMERGENCY CONTACT NUMBERS / POLICE

Rawsonville Police	023 349 8300
Worcester Police	023 348 8600
Wolseley Police	023 231 8000
Security firms	
LTS (24/7 control room)	0814651998 0813573108 0233427757
Office	
Doctor	
Dr Truter (Rawsonville)	023 349 1383
Rawsonville Clinic	023 349 1042
EXP Medical Centre (Worcester)	023 347 2724
Hospital	
MediClinic (Worcester)	023 348 1500
Worcester Hospital	023 348 1100
Ceres Hospital	023 316 9600
Netcare Ceres	023 316 1304
Ambulance Services	
Worcester Ambulance Services	023 341 0177
Ceres Ambulance	023 316 1350

ER24

Priority Care Ambulance

Dentist

Dr M Marais (Rawsonville)

360° Dental (Worcester)

Dental Wize (Worcester)

084 124

076 208 7662

023 349 6744

023 342 1170

023 347 2915

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