



ATKV
Oorde
GOUDINI SPA
TOU YAKA... INSPIRASTE

ATKV
afrikiTIPRET
Vermaakprogram
2024

ATKV GOUDINI SPA WELCOMES YOU

It is once again the Goudini team's great pleasure to welcome all our guests at our beautiful holiday resort, ATKV Goudini Spa.

A hearty welcome to our guests who are visiting us for the first time. We trust that you will also have an unforgettable and wonderful time here with us. Make special memories that you can treasure for years to come.

We built a new kiosk at the pool, and we moved the bathrooms at the inside block closer to the kiosk. The stage is also a new addition to the inside block. Unfortunately, we do not have changing rooms, but we are planning to add this next year.

THINGS TO ENJOY AT GOUDINI SPA

Entertainment

The clean, fresh Boland air offers each one an opportunity to experience the resort at its best and in a unique way.

We offer an exciting and fun daily entertainment programme for the whole family. We have arranged free shows by some of our best guest artists. All our guests are welcome to enjoy and experience these guest performers during their stay. There are also wonderful movie nights, exciting dance and talent competitions and much more. Please support all these special activities that are offered with love by our staff.

Games, activities and recreation

Please also enjoy our facilities for young and old, for example:

- Water slide
- Mini golf course
- Trampolines
- Games room, including pool
- Tennis courts
- Swimming pools
- Hiking route
- Jacuzzis (Please

- Volleyball court (book and pay first at the swimming pool)

Koswerf Restaurant

Goudini Spa also boasts a Koswerf Restaurant that offers delicious meals to choose from and takeaways. Please check the programme daily for specials.

Kiosk

Our kiosk at the pool sells donuts, Chip n Dip, slushies, pizzas and sandwiches.

Halaal Restaurant

The Halaal restaurant is next to the shop. Here, we offer all our Halaal guests a variety of takeaway meals.

Shop

The shop provides for everything that you need, and holidaygoers don't have to leave the resort for their daily bread, milk, etc. It is all available here, for the full comfort of our guests.

Getting spoiled at the Spa

Goudini's spa treatments revitalise your body, mind and spirit. We take you on a journey filled with wonderful experiences to relieve your body of all stress. Enjoy a refreshing massage, pedicure or just have your nails done. Have a look at the special offerings and visit the spa behind the games room.

First aid

Please take note of the following regarding first aid:

- The first-aid room is at the swimming pools next to the Tulbagh units.
- **Please report to any staff member and ask for first-aid services.**
- The main gate can be contacted 24 hours a day on 023 349 8126 if an ambulance is needed.
- Most of the staff have First Aid Level 1 training and can assist with minor injuries like cuts, etc.

- **IMPORTANT: THERE ARE NO LIFEGUARDS AT OUR SWIMMING POOLS. PLEASE REMEMBER THAT YOUR CHILD'S SAFETY IS IMPORTANT. IT REMAINS YOUR RESPONSIBILITY TO ALWAYS SUPERVISE YOUR CHILD.**

Laundry

This facility is close to the tennis courts. If you want to use it, coins are for sale at the shop.

Breede River Valley and surrounds

Our resort, ATKV Goudini Spa, is located in the breathtaking Breede River Valley, 29 km from our closest Boland town, Worcester. Without a doubt, our environment is a real paradise for lovers of the outdoors, the beauty of nature and exciting activities. For the adventurous and the curious, there are quite a few activities to do and places and attractions to be visited:

- The open-air museum
- National Karoo Botanical Gardens
- Kleinplasia
- Bosjes
- The Vetspens
- Canoes
- 4x4 routes
- Walking trails
- Horse-riding
- Game-viewing
- Farm stalls

Conservation of fauna and flora

We urgently appeal to all our guests, young and old, to take care of our beautiful resort while you relax. Please remember:

- No plants may be damaged.
- No plants may be removed.
- No plants may be taken home with you.

- No animals may be hurt.
- No animals may be taken home with you.

Our resort is part of a precious fynbos ecosystem, and we thank you in advance for respecting and conserving our fauna and flora. If any of our guests make themselves guilty of any of the above, they will face serious consequences.

Please enjoy your holiday and be responsible.

Kind ATKV regards

Pieter du Toit

Resort Manager

RESORT RULES

Although we do not want to create the impression that the other rules of the resort are less important, we want to bring the following to your attention:

- No music is allowed as it is a disturbance to other people at the resort. No music to be played from vehicles.
- Excessive noise or loud music will not be tolerated at all.
- After 23:00 in the evening, there should be silence in the resort, and no noise will be tolerated. After a second warning you might be asked to leave the resort without a refund.
- Any person under the influence of alcohol and who misbehaves will be asked to leave the resort immediately.
- No drunkenness will be tolerated at any time at the resort.
- The smoking of a hubbly bubbly is allowed in public areas.
- The gathering of wood is prohibited. Fire wood is available at the shop.
- The swimming pools are not fenced. The person in whose care babies, toddlers and older children enter the resort, is responsible for their safety.
- Babies should always be wearing a swimming nappy in the swimming pool.
- The swimming pools are approximately one meter deep at the shallow end. Diving is therefore not advised.
- Only proper swimwear is allowed in the swimming pools. Shorts, underwear or gym clothes are not acceptable.
- No eating, drinking or smoking is allowed in any swimming pool – not even in the kiddies' pool.
- Large cooler boxes, gazebos and excessive drinking and noise at the swimming pools are strictly prohibited.
- No braaiing is allowed on the lawns at the swimming pools.
- Pre-school children must always be accompanied by an adult at the swimming pools and on the playground. There are no lifesavers on duty.
- The roads in the resort are public roads; all the usual traffic rules apply. Please keep to the speed limit as indicated.
- It is not allowed to drive in the resort at night without lights. That applies to bicycles or any other vehicles.
- Please note that here at ATKV Goudini Spa we are very close to nature. Please be on the lookout for any wildlife such as snakes, spiders etc. and treat it with respect.
- No pets are allowed at the resort.

Operating hours

Reception – 023 349 8100

Sundays-Thursdays	08:00-17:00
Fridays	08:00-19:00
Saturdays	08:00-15:00
Public holidays	08:00-15:00

Koswerf Restaurant & Halaal Restaurant 023 349 8153/023 349 8145

Monday-Saturdays	08:00-21:00
Sundays	08:00-18:00
24 December	08:00-18:00
Christmas Day	Closed

Shop – 023 349 8152

Mondays-Saturdays	08:00-21:00
Sundays	08:00-18:00
24 December	8:00-18:00
Christmas Day	Closed

Mini golf, trampolines and super tube

Mondays-Saturdays	09:00-19:00
Sundays	09:00-16:00

Spa

Mondays-Saturdays	08:00-17:00
Sundays	Closed
Public Holidays	Closed

Entry form activities

- Neon tenpin bowling
- Five-a-side soccer
- FIFA PS4
- Vroom challenge
- Lip sync battle
- Karaoke
- Dance competition
- Minigolf
- 8-ball pool competitions
- Table tennis competition
- Water polo
- Braai challenge
- Gladiator challenges
- Strongman/Woman challenges
- Frisbee water netball
- Touch rugby
- Power couple
- Goudini's Got Talent
- Escape Room
- Double Dare
- Minute to Win It

Highlights

ATKV Goudini Spa
Programme



- Karaoke
- Movie night
- Five-a-side soccer
- Magic shows
- Awareness shows
- Gladiator challenges
- Strongman/-woman challenges
- Power couple
- Goudini's Got Talent
- Escape Room
- Family Feud
- Double Dare
- Petting zoo
- Braai challenge
- Fear Factor
- Dance challenge
- Lip sync battle

Friday 13 December 2024

Theme of the holiday: Beat the heat Flip flop Friday

08:00- 21:00	<p>Welcome to ATKV Goudini Spa!</p> <p>Koswerf is ready for the whole family</p> <p>The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant.</p> <p>For bookings, WhatsApp 076 833 9999.</p> <p>We also do deliveries!</p>	Restaurant
14:00	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Pool Stage
14:00- 18:00	<p>Capture the moment</p> <p>Show us your favourite picture or video of your arrival at our holiday resort.</p> <p>Visit our Facebook page @ ATKV Goudini Spa and post in the comment section. Your picture or video will be played on our big screen before our movie trivia.</p>	Fairground
16:00	<p>Fun with our mascots</p> <p>Sing and dance with our mascots, Goudi and Nispa, with face-painting for the young ones afterwards.</p>	Fairground
17:00	<p>Welcoming party</p> <p>Goudini's own choir is here to welcome all our valued guests.</p>	Fairground

19:30 **Music trivia** Pool Stage
 How well do you know your music?
 Give our quiz a try and find out if you are our next
 movie maestro.

20:00 **Love, laughter and karaoke** Pool Stage
 Join in the fun for a golden ticket or wooden mic.
 Karaoke is no joke!

Saturday 14 December 2024

Theme of the day: Showtime Saturday

08:00-17:00 **Ontspan Beauty Spa** Spa
 Do you need some relaxation?
 How about getting your nails done?
 Or even a revitalising massage?
 Then come to our beauty spa.

For bookings, contact 023 349 8162 or email
goudinisp@atkv.org.za

09:15 **Radio Goudini** Pool Stage
 Our interactive radio station at the swimming pool with
 the latest news, weather, sports events and fun
 competitions.

09:45 **Yoga** Fairground
 Start your day of by releasing some unwanted
 frustration at our meditation station.

10:00 **Fun with our mascots** Fairground
 Sing and dance with our mascots,
 Goudi and Nispa.

10:30 **Aquatic exercises** Fairground

Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.

11:00	<p>Afrikiti ice breaker</p> <p>How good are your catching abilities? Try to catch the ball before it touches the water.</p>	Fairground
11:15	<p>Spot prizes up for grabs!</p> <p>Tiny Tots toddler challenge</p> <p>Calling all toddlers to join in our baby competition with games, such as Crawling Cocomelon, Nappy Ninja, Baby Shark Boppers, etc.</p>	Playpark
11:30	<p>Musical balls</p> <p>Stand in a circle and pass on the ball. The person that has the ball when the music stops is out!</p>	Fairground
11:45	<p>On your parents shoulders</p> <p>Children stand on their parents' shoulders, make sure to maintain a safe distance. Who will be the last team standing?</p>	Fairground
12:00	<p>Like a bridge over troubled waters</p> <p>It's girls versus boys in this titanic struggle: A battle for the ages as we see who is the dominant gender at Goudini Spa.</p>	Fairground
15:00	<p>Amazing magic</p> <p>Come and enjoy a magic show with Regard Laubscher.</p>	Pool Stage
16:00	<p>Soccer</p> <p>Five-on-a-side tournament.</p>	Day visitor pitch

Limited entries from 12:00 to
14:00.

20:00 **Showtime under the stars** Pool Stage
Cape town Diva Karen Kortje is here to deliver a
sweet and soulful performance.

Sunday 15 December 2024

Theme of the day: Soothing Sunday

08:00-18:00 **Convenience store** Shop
For a wonderful shopping experience, check out our
shop for all your essential goodies.

10:00 **Puppet Adventures of Goudi
and Nispa** Pool Stage
Come and join a fun-filled kiddies
show with our custom hand puppets
as we follow them on their crazy and
educational adventures!

11:00 **Radio Goudini** Pool Stage
Our interactive radio station at the swimming pool with
the latest news, weather, sports events and fun
competitions.

12:00 **Capture the moment** Fairground
Show us your favourite picture or
video of your time at our holiday
resort. Visit our Facebook page at
ATKV Goudini Spa and post it in the
comments.

16:00 **PS4 FIFA tournament** Fairground
Knock out tournament to determine
our grand champion! Limited entries.

19:30 **Amazing Race** Fairground
This race is not about speed but the journey along the way.

Monday 16 December 2024

Theme of the day: Reconciliation Day

08:00-21:00 **Koswerf is ready for the whole family** Restaurant
The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant.
For bookings, WhatsApp 076 833 9999.

We also do deliveries!

09:15 **Radio Goudini** Pool Stage
Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.

09:30 **Puppet Adventures of Goudi and Nispa** Pool Stage
Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!

10:30 **Aquatic exercises** Fairground
Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.

11:00 **Afrikiti ice breaker** Fairground
Pool split into two sections, each side gets chance to catch a flying frisbee without it touching the water. The first to 10 points wins.

11:15	Horseback racing Teams of two run across the pool with their partners on their backs; five teams at a time.	Fairground
11:30	Blind Man's Buff Dive out items from the swimming pool while you are blindfolded. Limited entries.	Fairground
11:45	Freeze Tag Let's improvise and act out our freezing abilities.	Fairground
12:00	Bingo As I lay me down to a slumber All I need is one more number When to the next game I go All I pray for is just to shout ... BINGO!	Fairground
12:15	Sack races Put two feet in a bag and hop from one spot to the next.	Day visitor pitch
12:30	Three Sticks Here's a super throwback game for all ages where you have to jump between three sticks to test your long-jump abilities.	Day visitor pitch
14:00	Angry Birds Shoot all your frustrations away and you might win a prize.	Fairground
15:00	Recycle parade Show off your crafts skills by parading with your recycled items.	Fairground
17:00	Mini golf with music The best score at the end wins. Please note the different age groups. Junior contestants do a half course. Limited entries!	Minigolf Course

19:30 **Neon tenpin bowling** Fairground
Teams of five. Knockout format.
Entries from 15:00.

Tuesday 17 December 2024

Theme of the day: Trending Tuesday

08:00-21:00	Convenience store For a wonderful shopping experience, check out our shop for all your essential goodies.	Shop
09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Pool Stage
09:30	Yoga Start your day of by releasing some unwanted frustration at our meditation station.	Fairground
09:45	Fun with our mascots Sing and dance with our mascots, Goudi and Nispa.	Pool Stage
10:00	Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade!	Pool Stage
10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.	Fairground
11:00	Afrikiti Ice Breaker: Golden retriever Colour balls on one side of the pool, split into four sections; each section	Fairground

	has a bucket. The section with the most balls after five rounds wins.	
11:15	Musical chairs Run around four cones; if the music stops, those that not sitting on a chair are out.	Fairground
11:45	Brain Freeze Race Teams of two battle each other in this classic.	Fairground
12:00	Pop-up bean bags Teams of five against each other. Let's see who has the most beans in the bag.	Fairground
12:15	Water balloon toss Two people throw a water balloon at each other; the distance gets further and further. See who can throw the farthest without breaking the balloon.	Fairground
12:30	Water bomb competition Who can make the biggest splash?	The Yard
14:00	Tik Tok trivia Who will be ranked the top Tik Tok Trivia Trendsetter in our musical quiz. Don't forget to follow us on Tik Tok @atkvgoudinispa.	Fairground
15:00	Devolution Dance Fam Check out our national hip hop champions as they blow you away with their trendy moves.	Pool Stage
16:00	8-ball Billiard Pool Challenge Sink balls like a pro and be the champion of the pool table. Never give up until the last ball falls.	Games Room
19:30	Goudini Step Up dance competition So you think you can dance? Enter your name and find out if you will be the ultimate dance champion. Remember to come with groovy vibes, as the crowd	Pool Stage

will judge the winner!
 Limited entries.

Wednesday 18 December 2024

Theme of the day: Warrior Wednesday

08:00-17:00	<p>Ontspan Beauty Spa</p> <p>Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa.</p> <p>For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za</p>	Spa
9:15	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Pool Stage
09:30	<p>Yoga</p> <p>Start your day of by releasing some unwanted frustration at our meditation station.</p>	Fairground
09:45	<p>Fun with our mascots</p> <p>Sing and dance with our mascots, Goudi and Nispa.</p>	Pool Stage
10:00	<p>Ball and spoon junior race</p> <p>Kids race by the pool with a spoon and ping pong ball.</p>	Fairground
10:30	<p>Aquatic exercises</p> <p>Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.</p>	Fairground
11:00	<p>Ball in the air</p> <p>Everyone in the pool has to keep the</p>	Fairground

	ball in the air before it hits the water.	
11:15	Musical hula stands Run around hulas and when the music stops, those not standing in a hula are out.	Fairground
11:45	Music stop and drop Everyone dances to the music If the music stops, then the last person sitting is out.	Fairground
12:00	Junior Gladiator The one with the fastest time to complete our obstacle course will walk away with the title of our ultimate Junior Gladiator. Limited entries!	Fairground
14:00	Gladiator Anyone can train to be a gladiator, what marks you is having a mind set like a champion Limited entries!	Fairground
15:00	Bingo As I lay me down to a slumber All I need is one more number When to the next game I go All I pray for is just to shout ... BINGO!	Fairground
16:00	Table tennis competition Who will be our best ping pong player? Knockout format. Everyone welcome!	Games Room
20:00	Lip-sync competition Dress up, go crazy and lip sync to your favourite family friendly song. Limited entries.	Pool Stage

Thursday 19 December 2024

Theme of the day: Terror Thursday

08:00	Koswerf is ready for the whole family	Restaurant
-21:00	The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. We also do deliveries!	
09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Pool Stage
09:30	Yoga Start your day of by releasing some unwanted frustration at our meditation station.	Fairground
09:45	Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!	Pool Stage
10:00	Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade!	Fairground
10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.	Fairground
11:00	Silverfox Snake and Scorpion Rescue Snake and scorpion awareness programme with Andre du Preez.	Shiraz Hall

11:15	Afrikiti ice breaker: Heads or tails Everyone gets to choose; they either hold their heads or their tails, flip the coin and if it lands on their choice, they are out.	Fairground
11:30	Back to the basics Back to back, hook arms in and run diagonally and see who wins.	Fairground
11:45	Musical hat challenge Everyone stands in a circle passing and putting the hat on each other's heads; the person who has the hat on their head when the music stops is out.	Fairground
12:15	Master Blaster It's girls versus boys in this water pistol challenge.	Fairground
12:30	Dodgeball Everyone run from one point to the other if they are hit with a soft ball they are out.	Fairground
14:00	Fear Factor Face your fears in this scary challenge. Limited entries.	Fairground
16:00	T20 Cricket Everyone welcome!	Day visitor pitch
19:30	Movie trivia How well do you know your movies? Give our quiz a try and find out if you are our next movie maestro.	Pool Stage
20:00	Movie under the stars Bring your camping chair or blanket and enjoy the big-screen movie at	Pool Stage

the swimming pool.

Friday 20 December 2024

Theme of the day: Funky Friday

08:00-17:00	<p>Ontspan Beauty Spa</p> <p>Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za</p>	Spa
09:15	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Pool Stage
09:30	<p>Yoga</p> <p>Start your day of by releasing some unwanted frustration at our meditation station.</p>	Fairground
10:00	<p>Worcester Fire Department</p> <p>Worcester fire services have a talk on fire safety.</p>	Fairground
11:00	<p>Skipping rope challenge</p> <p>Who can skip the longest?</p>	Fairground
11:15	<p>Three-legged races</p> <p>Two people, one foot of each is tied to the other; run to a certain point and back.</p>	Fairground

11:30	Happy Feet penguin walk Who can walk the fastest with both feet tied?	Fairground
11:45	Tyre roll races Two at a time race against each other, rolling their tyres from one point to the next.	Fairground
12:00	Bounce Let's play some hand tennis, four players at a time.	Fairground
12:30	Hoola hoop challenge Let's see who can hula the longest! All ages welcome.	Fairground
14:00	Music Madness Let's test your general music knowledge. Loads of prizes to be won.	Fairground
16:00	Volleyball All welcome!	Volleyball Court
20:00	Goudini's Got Talent Let's see which of our guests will win a midweek holiday. With former sevens Bllitsbok star Branco Du Preez as the guest judge. Limited entries!	Pool Stage

Saturday 21 December 2024

Theme of the day: Social Saturday

08:00-21:00	Convenience store For a wonderful shopping experience, check out our shop for all your essential goodies.	Shop
09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Fairground

09:30	Yoga Start your day of by releasing some unwanted frustration at our meditation station.	Super Fairground
09:45	Fun with our mascots Sing and dance with our mascots, Goudi and Nispa, followed by crafts for our little ones.	Pool Stage
10:15	Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade!	Fairground
10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.	Fairground
11:00	Glendini's Great Escape Escape artist Glen Mcmeeking shows us that the only way to escape is to face your fears and conquer them.	Fairground
12:00	Hula crawlers Teams of five crawl through hula hoops in this extraordinary race. Limited entries.	Fairground
12:15	Human wheelbarrow Teams of two battle it out in this classic race.	Fairground
12:30	Balloon centipedes Teams of five race around the pool with balloons separating them.	Fairground
15:00	Rugby clinic Former Springbok star Branco du	Day visitor

	Preez is here to offer a super rugby clinic.	pitch
16:00	Blitzbok touch rugby Side-steps, swerves, line-outs – this all makes for a super tournament. Seven on a side.	Day visitor pitch
20:00	Protégé The local Protégé reunites for an entertaining performance.	Pool Stage

Sunday 22 December 2024

Theme of the day: Soul Sunday

08:00-18:00	Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. We also do deliveries!	Restaurant
10:00	Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!	Fairground
11:00	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Fairground
12:00	Capture the moment Show us your favourite picture or video of your time at our holiday resort.	Fairground

16:00	Tug of war Teams of five challenge each other and see who will be the grand champions	Fairground
19:30	Mysterious parade through our resort Dress up funny and walk through the resort with us. This will be followed by a games night at our destination.	Pool Stage

Monday 23 December 2024

Theme of the day: Memorable Monday

08:00- 17:00	Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za	Spa
09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Pool Stage
09:30	Yoga Start your day of by releasing some unwanted frustration at our meditation station.	Fairground
09:45	Fun with our mascots Sing and dance with our mascots Goudi and Nispa.	Fairground

10:00	Junior music trivia A musical quiz about your favourite children's shows. Theme songs!	Fairground
10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength	Fairground
11:00	Afrikiti ice breaker Lower the bar in this fun-filled limbo dance.	Fairground
11:15	Balloon burst up Who can blow up the balloon the fastest until it pops?	Fairground
11:30	Foot Crackers Attach balloon to your foot with a string, keep your balloon safe and burst others' balloons with your feet.	Fairground
11:45	Horseback racing Put two feet in a bag and hop from one spot to the next.	Fairground
12:00	Minute to Win It Contestants get 60 seconds to complete our challenges.	Fairground
14:00	The Fast and the Furious Vroom! Feel like an F1 racer and enjoy our custom-made Goudini car.	New track
16:00	Frisbee water netball Teams of seven compete for the title of Goudini's champion. Let's make it a splash!	Fairground
19:30	Escape Room Do you have what it takes to escape the room? Teams of five have 10 minutes to complete the challenge!	Fun Park

May the best team win!

Tuesday 24 December 2024

Theme of the day: Thankful Tuesday

08:00-
17:00

Ontspan Beauty Spa
Do you need some relaxation?
How about getting your nails done?
Or even a revitalising massage?
Then come to our beauty spa.

Spa

**For bookings, contact 023 349 8162 or email
 goudinispa@atkv.org.za**

09:15

Radio Goudini
 Our interactive radio station at the swimming pool with
 the latest news, weather, sports events and fun
 competitions.

Pool Stage

09:30

Yoga
 Start your day of by releasing some unwanted
 frustration at our meditation station.

Fairground

09:45

Fun with our mascots
 Sing and dance with our mascots
 Goudi and Nispa followed by crafts
 for our little ones.

Fairground

10:00

Crafts before Christmas
 Everyone welcome.
 Let's be creative.

Fairground

10:30

Aquatic exercises
 Let's work on health benefits, such
 as improved heart health, reduced
 stress and improved muscular
 endurance and strength.

Fairground

11:00	Afrikiti ice breaker The pool is split into two sections; each side gets chance to catch a flying frisbee without it touching the water. The first to 10 points wins.	Fairground
11:15	Tik Tok treasure hunt Bring your cellphone and make family-friendly Tik Toks at different locations around the resort.	Fairground
12:00	Christmas carol sing-off We invite all guests to lip sync their favourite Christmas carols.	Pool Stage
15:00	Santa is here! Stockings are stuffed, it can only mean one thing: Ho, ho, ho, Santa is at Goudini.	Fairground
17:00	Noodle Hockey Teams of five compete for the title of Goudini champion.	Fairground
20:00	Light on the night before Christmas Vernon Barnard and Mario the saxophonist let their talents combine to give us an extravagant Christmas eve show.	Pool Stage

Wednesday 25 December 2024

Theme of the day: Christmas Day

09:45	Christmas Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies' show with our custom hand puppets as we follow them on their educational adventures!	Pool Stage
10:00	Live Christmas sermon With pastor	Pool Stage
11:00	Christmas Carols Keep calm, its jingles all the way!	Fairground

12:00	<p>Christmas Buffet</p> <p>BOOKING AND PAYMENT IN ADVANCE IS ESSENTIAL. ADULTS: R365 CHILDREN UNDER 12: R195 CHILDREN UNDER 6: R130</p> <p>Contact koswerf.GS@atkv.org.za or phone 023 349 8115.</p>	Boland Hall
12:15	<p>Capture the moment</p> <p>Show us your favourite picture or video of your Christmas celebration at our holiday resort.</p>	Fairground
14:00	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Pool Stage
15:00	<p>PS4 FIFA tournament</p> <p>Knock out tournament to determine our grand champion! Limited entries.</p>	Fairground
16:00	<p>Christmas Decoration Challenge</p> <p>Decorate your campsite/units to get that Christmas feeling! The best decorated place wins a prize! The winner will be announced on the big screen before the movie.</p>	Pool Stage
19:30	<p>Movie trivia</p> <p>How well do you know your movies? Give our quiz a try and find out if you are our next movie maestro.</p>	Pool Stage
19:30	<p>Movie under the stars</p> <p>Bring your camping chair or blanket and enjoy the big-screen movie at the swimming pool.</p>	Pool Stage

Christmas Lunch

LEKKER AT
koswerf

25 DECEMBER 2024. MEAL TIME FROM 12:00 TO 15:00.



**ADULTS R365/
UNDER 12 R195/
UNDER 6 R130**

BREAD & SALAD BUFFET

Homemade bread and rolls
served with homemade jams and patées
Assortment of cold meats, gherkins and olives
Curry pasta salad, potato salad, beetroot salad,
coleslaw, Mexican green salad

WARM BUFFET

Cape chicken pie
Beef roast with red wine jus
Gammon with honey-mustard sauce
Baked macaroni and cheese, savoury rice
Potato bake with bacon, sweet carrots
Stewed green beans

DESSERT

Baked malva pudding with custard, assorted jellies
Lemon custard tart, strawberry yogurt tart
Coffee and tea

**Cash bar available, strictly no liquor or cold
drinks allowed from outside. No takeaways.**



BOOKING AND PAYING IN ADVANCE ARE ESSENTIAL.
FULL PAYMENT DUE BY FRIDAY 20 DECEMBER.
CANCELLATIONS AFTER 20 DECEMBER 2024 WILL FORFEIT DEPOSIT PAID.
CONTACT JOHAN AT JOHANS@ATKV.ORG.ZA
OR KOSWERF.GS@ATKV.ORG.ZA

Resorts
ATKV
GOUDINI SPA
YOUR VACATION INSPIRATION

☎ 023 349 8115

TERMS AND CONDITIONS APPLY.
PHOTO'S MAY DIFFER FROM ACTUAL PRODUCTS.



Thursday 26 December 2024

Theme of the day: Boxing day

08:00-21:00	<p>Koswerf is ready for the whole family</p> <p>The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999.</p> <p>We also do deliveries!</p>	Restaurant.
09:15	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Pool Stage
09:45	<p>Fun with our mascots</p> <p>Sing and dance with our mascots, Goudi and Nispa.</p>	Fairground
10:15	<p>Craft sessions</p> <p>Turn ordinary objects into extraordinary things. The best things in life are handmade!</p>	Fairground
10:30	<p>Aquatic exercises</p> <p>Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.</p>	Fairground
11:00	<p>Afrikiti ice breaker</p> <p>The pool is split into two sections; each side gets chance to catch a flying frisbee without it touching the water. The first to 10 points wins.</p>	Fairground
11:15	<p>Musical hat challenge</p> <p>Everyone stands in a circle passing and putting the hat on each other's</p>	Fairground

heads; the person who has the hat on their head when the music stops, is out.

11:30 **Hula hoop challenge** Fairground
 Let's see who can hula the longest!

All ages welcome

11:45 **Sack races** Fairground
 Put two feet in a bag and hop from one spot to the next.

12:00 **Water Olympics** Fairground
 It's our own inter-house games as teams of six will represent their various houses!
 May the best house win!

14:00 **Boxing Day Braai Day** Fairground
 Come and celebrate a day to unite around fires!

15:00 **Rotas the Rapper** Fairground
 Rotas the Rapper is here!

17:00 **Blitzbok touch rugby** Pool Stage
 Side-steps, swerves, line-outs – this all makes for a super tournament. Seven on a side.

19:30 **Family feud challenge** Pool Stage
 Teams of five challenge each other with fun and challenging games.

Friday 27 December 2024

Theme of the day: Flashback Friday

08:00- 17:00	<p>Ontspan Beauty Spa</p> <p>Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa.</p> <p>For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za</p>	Spa
09:15	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Fairground
09:30	<p>Zumba</p> <p>Start your day of by releasing some unwanted frustration at our Zumba station.</p>	Fairground
09:45	<p>Puppet Adventures of Goudi and Nispa</p> <p>Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!</p>	Fairground
10:15	<p>Craft sessions</p> <p>Turn ordinary objects into extraordinary things. The best things in life are handmade!</p>	Fairground
10:30	<p>Aquatic exercises</p> <p>Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength</p>	Fairground

11:00	Western Cape Blood Services There is currently a shortage of blood in the Western Cape. Let's be heroes – with just one donation, you can save three lives.	Fairground
11:15	Hopscotch Old as dare, drawn as a square, including a few circle shapes here and there, with many hops and many stops.	Fairground
11:30	Three Cans All welcome to join for this classic.	Fairground
11:45	Back to the basics Back to back, hook arms in and run diagonally and see who wins.	Fairground
12:00	Music Madness Let's test your general music knowledge. Loads of prizes to be won.	Fairground
15:00	Strongman and Strongwoman Challenge Who will be the strongest person at ATKV Goudini Spa? Limited entries!	Fairground
17:00	T20 cricket Everyone welcome.	Day visitor pitch
19:30	Night entertainment Enjoy a fun-filled night with the entertainment team	Pool Stage

Saturday 28 December 2024

Theme of the day: Swagg Saturday

08:00-21:00	Koswerf is ready for the whole family The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant. For bookings, WhatsApp 076 833 9999. We also do deliveries!	Restaurant
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09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Pool Stage
09:30	Yoga Start your day of by releasing some unwanted frustration at our meditation station.	Fairground
09:45	Fun with our mascots Sing and dance with our mascots, Goudi and Nispa.	Fairground
10:15	Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade!	Fairground
10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.	Fairground
11:00	Lulu the Stilt Walker We invite all the kids to come and join in the fun.	Fairground
11:30	Brain Freeze Race Teams of two battle each other in this classic.	Fairground
11:45	Afrikiti ice breaker Lower the bar in this fun-filled limbo dance.	Fairground
12:00	Glamorous Grandma and Grandpa Who will be Goudini's next recycled teen?	Fairground
15:00	Power couple Who will be the couple this summer?	Fairground

17:00 **Water polo** Pool Stage

Hand soccer in the swimming pool. Teams of six.
 Come and share in the fun.

Entries from 12:00.

Only eight teams allowed. Knockout format
 tournament.

19:30 **Vuvu Khumalo** Pool Stage

Vuvu Khumalo is here to give a powerhouse
 performance.

Sunday 29 December 2024

Theme of the day: Slow Jam Sunday

08:00-18:00 **Convenience store** Shop

For a wonderful shopping experience, check out our
 shop for all your essential goodies.

10:00 **Puppet Adventures of Goudi and Nispa** Fairground

Come and join a fun-filled kiddies show with our
 custom hand puppets as we follow them on their crazy
 and educational adventures!

11:00 **Radio Goudini** Pool Stage

Our interactive radio station at the swimming pool with
 the latest news, weather, sports events and fun
 competitions.

12:00 **Capture the moment** Fairground

Show us your favourite picture or
 video of your time at our holiday
 resort.

16:00 **Soccer** Day visitor pitch

Five-on-a-side tournament.

19:30 **Neon tenpin bowling** Fairground
 Teams of five. Knockout format.
 Entries from 15:00.

Monday 30 December 2024

Theme of the day: Motivational Monday

08:00-17:00 **Ontspan Beauty Spa** Spa
Do you need some relaxation?
How about getting your nails done?
Or even a revitalising massage?
Then come to our beauty spa.

**For bookings, contact 023 349 8162 or email
 goudinispaa@atkv.org.za**

09:15 **Radio Goudini** Fairground
 Our interactive radio station at the swimming pool with
 the latest news, weather, sports events and fun
 competitions.

09:30 **Yoga** Fairground
 Start your day off by releasing some
 unwanted frustration at our
 meditation station.

09:45 **Fun with our mascots** Fairground
 Sing and dance with our mascots,
 Goudi and Nispa.

10:00 **Party Pro Petting Zoo** Fairground
 All the kids are welcome to come
 and look at, feed and cuddle the
 animals.

10:30 **Aquatic exercises** Fairground
 Let's work on health benefits, such
 as improved heart health, reduced

stress and improved muscular
 endurance and strength

11:15

Balloon burst up

Who can blow up the balloon the
 fastest until it pops?

Fairground

11:30

Hula hoop challenge

Let's see who can hula the longest!

Fairground

All ages welcome

11:45

Blind Man's Buff

Dive out items from the swimming
 pool while you are blindfolded.

Fairground

Limited entries.

12:00

Staff Parade

Our friendly staff perform their annual parade around
 the pool.

Fairground

14:00

Mr and Miss Goudini

Who will be crowned king and queen
 of Goudini Spa?

Fairground

17:00

Volleyball

All welcome!

Volleyball Pitch

19:30

Movie trivia

How well do you know your movies?
 Give our quiz a try and find out if you are our next
 movie maestro.

Pool Stage

19:30

Love, laughter and karaoke

Join in the fun for a golden ticket or
 wooden mic. Karaoke is no joke!

Pool Stage

Tuesday 31 December 2024

Theme of the day: Takeover Tuesday

08:00-18:00	Convenience store For a wonderful shopping experience, check out our shop for all your essential goodies.	Shop
09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Fairground
09:30	Zumba Start your day of by releasing some unwanted frustration at our Zumba station.	Fairground
09:45	Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!	Fairground
10:15	Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade!	Fairground
10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.	Fairground
11:00	Junior Gladiator The one with the fastest time to complete our obstacle course will walk away with the title of our	Fairground

ultimate Junior Gladiator.
 Limited entries!

12:00 **Like a bridge over troubled waters** Fairground
 It's girls versus boys in this titanic struggle:
 A battle for the ages as we see who is the
 dominant gender at Goudini Spa.

14:00 **Gladiator** Fairground
 Anyone can train to be a gladiator,
 what marks you is having a
 mind set like a champion
 Limited entries! May the best house
 win!
 Entries from 10:00.

17:00 **Water volleyball** Fairground
 Let's make it a splash.
 All welcome!

20:00 **Fantastics Live Band** Pool Stage
 Sing and dance to your favourite tunes with the
 Fantastics Live Band. Followed by DJ Ricky and
 Crew to take you into the new year.

Wednesday 1 January 2025

Theme of the day: Happy New Year!

09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Pool Stage
10:00	New Years Sermon	Fairground
10:30	Puppet Adventures of Goudi and Nispa Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!	Fairground
11:00	Afrikiti ice breaker Whirl Everyone in the pool moves in the same direction in a circle.	Fairground
11:30	Red Light Green Light It's a stop and start situation in this classical game. All welcome!	Fairground
11:45	Hula strikers Kick the ball through a hula. Who will kick the furthest?	Fairground
12:00	Colour Run Festival Join in the fun with a colourful experience. Run with colours. Run with joy! Entries from 10:00.	Fairground
15:00	Lanel the Hula Hoop trickster We give you a super hula workshop.	Fairground
17:00	Frisbee water netball Teams of seven compete for the title of Goudini's champion. Let's make it a splash!	Fairground
19:30	Goudini Game night	Fairground

Enjoy a lovely games night with games such as
 Bingo, Domino's, Finger Board, etc. Entries
 from 19:00.

Thursday 2 January 2025

Theme of the day: Tasty Thursday

08:00- 17:00	<p>Ontspan Beauty Spa</p> <p>Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa.</p> <p>For bookings, contact 023 349 8162 or email goudinisp@atkv.org.za</p>	Spa
09:15	<p>Radio Goudini</p> <p>Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.</p>	Fairground
11h00- 15h00	<p>Western Cape Blood Services</p> <p>There is currently a shortage of blood in the Western Cape. Let's be heroes with just one donation you can save three lives.</p>	Pool Stage
09:30	<p>Yoga</p> <p>Start your day of by releasing some unwanted frustration at our meditation station.</p>	Fairground
09:45	<p>Fun with our mascots</p> <p>Sing and dance with our mascots Goudi and Nispa.</p>	Fairground
10:15	<p>Craft sessions</p> <p>Turn ordinary objects into extraordinary things. The best things in life are handmade!</p>	Fairground

10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength	Fairground
11:00	Derrick the Mime Join in on the fun and laughter with our silent funny guy Derrick the Mime.	Fairground
11:15	Tooth pick tournament Who can eat the fastest with a toothpick?	Fairground
11:30	Spicy noodle challenge Who will be the first to finish our spicy noodles? Limited entries!	Fairground
11:45	Motor Mouth Who can peel an orange with their mouth the fastest, while their hands is behind their backs?	Fairground
12:00	Minute to Win It Contestants get 60 seconds to complete our challenges.	Fairground
14:00	Dizzy Dash Quiz Let's get spinning in this fun filled pop quiz. Five per team. Entries from 12:00.	New Track
17:00	Water polo Hand soccer in the swimming pool. Teams of six. Come and share in the fun. Entries from 12:00. Only eight teams allowed. Knockout format tournament.	Pool Stage
19:30	Escape Room Do you have what it takes to escape the room?	Fun Park

Teams of five have 10 minutes to complete the challenge!

May the best team win!

Friday 3 January 2025

Theme of the day: Feel good Friday

08:00-
21:00

Koswerf is ready for the whole family

The best way to start the holiday is to enjoy a variety of delicious meals at our Koswerf Restaurant.
 For bookings, WhatsApp 076 833 9999.

Restaurant

We also do deliveries!

09:15

Radio Goudini

Fairground

Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.

09:45

Puppet Adventures of Goudi and Nispa

Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!

Fairground

10:15

Craft sessions

Turn ordinary objects into extraordinary things.

Fairground

The best things in life are handmade!

10:30

Aquatic exercises

Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.

Fairground

11:00

Skipping rope challenge

Who can skip the longest?

Fairground

11:15	Horseback racing Teams of two run across the pool with their partners on their backs; five teams at a time.	Fairground
11:30	Musical balls Stand in a circle and pass on the ball. The person that has the ball when the music stops is out!	Fairground
12:00	Tik Tok trivia Who will be ranked the top Tik Tok trivia trendsetter in our musical quiz. Don't forget to follow us on Tik Tok @atkvgoudinispa.	Fairground
14:00	Angry Birds Shoot all your frustrations away and you might win a prize.	Fairground
17:00	Water volleyball Let's make it a splash. All welcome!	Fairground
20:00	Vezz the Singing Chef Vezz is here to dish up a super treat of entertainment.	Pool Stage

Saturday 4 January 2025

Theme of the day: Sassy Saturday

08:00-17:00	Ontspan Beauty Spa Do you need some relaxation? How about getting your nails done? Or even a revitalising massage? Then come to our beauty spa. For bookings, contact 023 349 8162 or email goudinispa@atkv.org.za	Spa
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09:15	Radio Goudini Our interactive radio station at the swimming pool with	Fairground
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the latest news, weather, sports events and fun competitions.

09:30	Yoga Start your day of by releasing some unwanted frustration at our meditation station.	Fairground
09:45	Fun with our mascots Sing and dance with our mascots Goudi and Nispa.	Fairground
10:15	Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade!	Fairground
10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength	Fairground
11:15	Afrikiti ice breaker Lower the bar in this fun-filled limbo dance.	Fairground
11:30	Freeze Tag Let's improvise and act out our freezing abilities. All ages welcome	Fairground
11:45	Horseback racing Teams of two run across the pool with their partners on their backs; five teams at a time.	Fairground
12:00	Creative Cupcake competition Who will be our next Cupcake champion? Loads of cool prizes to be won.	Fairground
14:00	My Kitchen Rules Gatsby Challenge Who will make the tastiest gatsby? The guest judge will determine the winner!	Fairground

16:00 **Soccer** Day Visitor camp
Five-on-a-side tournament.

Limited entries from 12:00 to 14:00.

20:00 **Diva Night** Pool Stage
It's all about girl power as Sumaya Hendricks and Talitha Luiters let their voices combine to give a super night of entertainment.

Sunday 5 January 2025

Theme of the day: Soothing Sunday

08:00-18:00 **Convenience store** Shop
For a wonderful shopping experience, check out our shop for all your essential goodies.

10:00 **Puppet Adventures of Goudi and Nispa** Fairground
Come and join a fun-filled kiddies show with our custom hand puppets as we follow them on their crazy and educational adventures!

11:00 **Radio Goudini** Fairground
Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.

12:00 **Capture the moment** Fairground
Show us your favourite picture or video of your time at our holiday resort.

16:00 **PS4 FIFA tournament** Games Room
Knock out tournament to determine our grand champion! Limited entries.

19:00 **Movie trivia** Pool Stage
 How well do you know your movies?
 Give our quiz a try and find out if you are our next
 movie maestro.

19:30 **Movie under the stars** Pool Stage
 Bring your camping chair or blanket and enjoy the
 big-screen movie at the swimming pool.

Monday 06 January 2025

Theme of the day: Mzansi Monday

08:00-21:00 **Koswerf is ready for the whole family** Restaurant
 The best way to start the holiday is to enjoy a variety
 of delicious meals at our Koswerf Restaurant.
 For bookings, WhatsApp 076 833 9999.

We also do deliveries!

09:15 **Radio Goudini** Fairground
 Our interactive radio station at the swimming pool with
 the latest news, weather, sports events and fun
 competitions.

09:30 **Zumba** Fairground
 Start your day of by releasing some unwanted
 frustration at our Zumba station.

09:45 **Fun with our mascots** Fairground
 Sing and dance with our mascots
 Goudi and Nispa followed by crafts
 for our little ones.

10:15 **Craft sessions** Fairground
 Turn ordinary objects into
 extraordinary things.

The best things in life are handmade!

10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.	Fairground
11:00	Afrikiti: Golden retriever Colour balls on one side of the pool, split into four sections; each section has a bucket. The section with the most balls after five rounds wins.	Fairground
11:15	Three-legged races Two people, one foot of each is tied to the other; run to a certain point and back.	Fairground
11:30	Foot Crackers Attach balloon to your foot with a string, keep your balloon safe and burst others' balloons with your feet.	Fairground
11:45	Musical hat challenge Everyone stands in a circle passing and putting the hat on each other's heads; the person who has the hat on their head when the music stops, is out.	Fairground
12:15	Dodgeball Everyone run from one point to the other if they are hit with a soft ball they are out.	Fairground
14:00	Double Dare Games! It's all a mystery as we dare you to try out our crazy games.	New track

16:00 **Mini golf with music** Mini golf Course
 The best score at the end wins.
 Please note the different age groups.
 Junior contestants do a half course.
 Limited entries!

19:30 **Mysterious parade through our resort** Pool Stage
 Dress up funny and walk through the resort
 with us. This will be followed by a games night
 at our destination.

Tuesday 7 January 2025

Theme of the day: Tricky Tuesday

08:00-17:00 **Ontspan Beauty Spa** Spa
Do you need some relaxation?
How about getting your nails done?
Or even a revitalising massage?
Then come to our beauty spa.
For bookings, contact 023 349 8162 or email
goudinisp@atkv.org.za

09:00 **Radio Goudini** Pool Stage
 Our interactive radio station at the swimming pool with
 the latest news, weather, sports events and fun
 competitions.

09:30 **Yoga** Fairground
 Start your day of by releasing some unwanted
 frustration at our meditation station.

09:45 **Fun with our mascots** Fairground
 Sing and dance with our mascots Goudi and
 Nispa.

10:15 **Craft sessions** Fairground

Turn ordinary objects into extraordinary things.
The best things in life are handmade!

10:30	<p>Aquatic exercises</p> <p>Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.</p>	Fairground
11:00	<p>Tiny Tots toddler challenge</p> <p>Calling all toddlers to join in our baby competition with games, such as Crawling Cocomelon, Nappy Ninja, Baby Shark Boppers, etc.</p>	Fairground
11:15	<p>Silverfox Snake and Scorpion Rescue</p> <p>Snake and scorpion awareness programme with Andre du Preez.</p>	Fairground
12:00	<p>Musical chairs</p> <p>Run around four cones; if the music stops, those that not sitting on a chair are out.</p>	Fairground
14:00	<p>Strongman and Strongwoman Challenge</p> <p>Who will be the strongest person at ATKV Goudini Spa?</p>	Fairground
16:00	<p>8-ball Billiard Pool Challenge</p> <p>Sink balls like a pro and be the champion of the pool table. Never give up until the last ball falls</p>	Games Room
19:30	<p>Night entertainment</p> <p>Enjoy a fun-filled night with the entertainment team.</p>	Pool Stage

Wednesday 8 January 2025

Theme of the day: Wacky Wednesday

08:00- 21:00	Convenience store For a wonderful shopping experience, check out our shop for all your essential goodies.	Shop
09:15	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Pool Stage
09:30	Yoga Start your day of by releasing some unwanted frustration at our meditation station.	Fairground
09:45	Fun with our mascots Sing and dance with our mascots Goudi and Nispa followed by crafts for our little ones.	Fairground
10:15	Craft sessions Turn ordinary objects into extraordinary things. The best things in life are handmade!	Fairground
10:30	Aquatic exercises Let's work on health benefits, such as improved heart health, reduced stress and improved muscular endurance and strength.	Fairground
11:00	Tik Tok treasure hunt Bring your cellphone and take family friendly Tik Toks around the resort.	Fairground
11:30	Balloon centipedes Teams of five race around the pool with balloons separating them.	Fairground

11:45	Human wheelbarrow Teams of two battle it out in this classic race.	Fairground
12:00	Like a bridge over troubled waters It's girls versus boys in this titanic struggle: A battle for the ages as we see who is the dominant gender at Goudini Spa.	Fairground
14:00	The Fast and the Furious Vroom! Feel like an F1 racer and enjoy our custom-made Goudini car.	New Track
16:00	Table tennis competition Who will be our best ping pong player? Knockout format. Everyone welcome!	Games Room
19:00	The juggle is real! Bob the fire juggler is back to show us that "if life gives us lemons, learn to juggle".	Pool Stage
20:00	Love, laughter and karaoke Join in the fun for a golden ticket or wooden mic. Karaoke is no joke!	Pool Stage

Thursday 9 January 2025

08:00-21:00	Convenience store For a wonderful shopping experience, check out our shop for all your essential goodies.	Shop
09:00	Radio Goudini Our interactive radio station at the swimming pool with the latest news, weather, sports events and fun competitions.	Fairground

Please note that any visitors participating in any ATKV activities do so at their own risk. We request that parents ensure that their children are supervised when participating in the activities. The ATKV and its employees are not liable for any damage, injury or loss arising from participation in any activities. All activities will take place as scheduled. However, some activities may be influenced by the weather. If it is raining, alternative activities will take place in the Shiraz Hall.

We invite all adults to also participate in our holiday programme.

THE PROGRAMME IS SUBJECT TO CHANGE.

Girl Power: Guest Artists



Karin Kortje



Vuvu Khumalo



Sumaya Hendricks



Talitha

This is a Man's World: Guest artists



Vernon Barnard



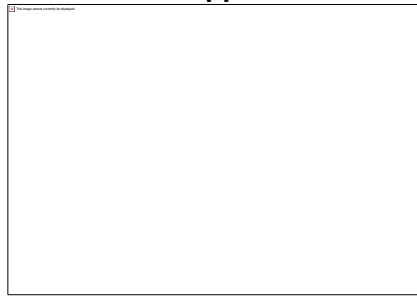
Rotas the Rapper



Vezz



Protege Boyband



The Fantastics Live band



Devolution Dance Family



Mario the Saxophonist

Additional acts



Regardt Laubscher



Derrick the Mime



Glendini



Branco du Preez



Silverfox Snake and Scorpion awareness show

Sponsors



EMERGENCY CONTACT NUMBERS / Police

Rawsonville Police	023 349 8300
Worcester Police	023 348 8600
Wolseley Police	023 231 8000
Security firms	
G24 (24/7 control room)	021 054 7666
* Cell / WhatsApp	064 916 8104
Doctor / Dokter	
Dr Truter (Rawsonville)	023 349 1383
Rawsonville Clinic	023 349 1042
EXP Medical Centre (Worcester)	023 347 2724
Hospital / Hospitaal	
MediClinic (Worcester)	023 348 1500
Worcester Hospital	023 348 1100
Ceres Hospital	023 316 9600
Netcare Ceres	023 316 1304
Ambulance Services	
Worcester Ambulance Services	023 341 0177
Ceres Ambulance	023 316 1350
ER24	084 124
Priority Care Ambulance	076 208 7662
Dentist / Tandoarts	
Dr M Marais (Rawsonville)	023 349 6744
360° Dental (Worcester)	023 342 1170
Dental Wise (Worcester)	023 347 2915

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