

Body Treatments

Experience a memorable & luxurious body journey with us and indulged with the fragrances that is used in your treatment.

Skin Renewal Body Treatment 45 min R400
60 min R550

Begin your Therapeutic Journey with a relaxing Botanical Synergy massage. This treatment includes a body exfoliation, followed by a silky renewal mask, an ultra-hydrating and firming body gel and treatment to enhance the mood. This is one of our signature treatments and a must for every Spa connoisseur.

Cocooning Body Treatment 45 min R400
60 min R550

Awake your senses with our Bespoke Body Conditioning Journey Indulge your skin with the luxurious Cocooning body mask that is perfectly complemented by the inclusion of your choice of Botanical Synergy.

Back, Neck & Shoulder 30 min R420
With legs 45 min R485

Need a more area specific treatment. Our Soothing Muscle Relief is ideal for addressing muscular discomfort, and provides a focused approach that will help relieve tension in the neck, shoulders, upper & lower back. Also suitable for legs and stiffness due over exercising.

Swedish Full Body massage 60 min R600

This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body

Lower Leg with foot massage 20 min R150

Relax and balance the body through stimulation of the pressure points situated in the feet.

(The following treatment need a shower afterwards)

Anti-Oxidant Treatment 45 min R425
60 min R575

Help protect your skin from oxidative damage caused by free radicals & environmental aggressors like UV and pollution. This mask contains kaolin and African Redbush for their cleansing and anti-oxidant properties. Please note that you will need to shower during treatment.

Detoxifying Treatment 45 min R425
60 min R575

Formulated with bentonite, activated charcoal and volcanic ash, this clay-based powerful treatment offers outstanding detoxifying benefits. This results in a smoother, brighter and firmer body skin. Please note that you need to shower during the treatment.

45 min = Back, Neck and Back of legs
60 min = Back, Back of Legs, Arms, Hands, Front of Leg, Feet

Add on Enhancements to massages:

Hot Stone R100
Head & Scalp repair Massage / treatment R80
Bellabaci Cups to your body massage or facial R100

APS Studex Piercing

Ear Piercing R130 / R160
Nose Piercing R260



SPATHERAPY

Manicures

"Nothing improves your mood like a new manicure"

Full manicure (includes nail polish) R250
Full manicure (includes gel overlay) R290
Express manicure (buff and polish) R180
Manicure for Men R180
(Cut, file, buff, cuticles & massage)
Add paraffin dip R100

Pedicures

"Nothing a fresh pedicure can't fix"

Full pedicure (includes nail polish) R250
Full pedicure (includes gel overlay) R290
Express pedicure (Buff and polish) R180
Add paraffin dip to the pedicure R100

Spa Etiquette

Reservations / Terms and Conditions:

We recommend making reservations in advance. We recommend you arrive 10 min prior to your treatment to fill out the client consultation form. Please respect the privacy of other guests by simply enjoying the silence.

Smoking is prohibited throughout your Spa experience. Please pay when making a booking. 50% cancellation fee apply. Card facilities are available

Pregnancy:

Unfortunately we don't do pregnancy massages. We will gladly assist you in selecting a suitable treatment for your special time with us.

Health Conditions:

Please provide your therapist with any health condition, concern, injury or allergy before entering your treatment room.

Gift Vouchers:

Available for any occasion. Ask for assistance.

Need to know:

Bring your own bathing suit and towels, room gowns are provided.

Shower facilities also available.

Do not wear valuable jewellery to the Spa.

Skincare

Experience a luxurious facial with our skincare brand. Your skin will be plumped, hydrated, smooth textured and will have an absolutely amazing glow.

30 min Basic facial with no massage R280

45 min Basic facial with massage R350

Deeply hydrating, moisturising facial that includes rich plant extracts and botanical oils. This treatment will leave your skin feeling soft, plumped and hydrated.

Suitable for all skin types

45 min Deep Nourishing Facial R450

This treatment was designed to hydrate even the most dry/Dehydrated skin. Enriched with natural lipids from African Baobab, Marula and Kalahari melon which help to repair, promote tissue regeneration, restore and strengthen the skin, will leave the skin nourished and smooth. This treatment brings back life to dry skin.

Suitable for Dry dehydrated skin

45 min Deep Cleansing Facial R450

This treatment is ideal for an oily or younger skin type. To re-energize and brighten the skin.

Suitable for Oily skin & includes extractions

45 min Anti-Ageing Facial R450

This ultra-firming, anti-ageing treatment, includes a concentrated dose of antioxidants to stimulate collagen and elastin production, resulting in a long-lasting visible lifting and skin firming effect for a younger-looking appearance.

45 min Ultimate Luxury Facial (Incl LED Light) R470

Suitable for all skin types

Add on to facial treatment:

Skin extractions R 100

Light Therapy treatment R 50

Head and Scalp Treatment R 80

Gel and Acrylics

Gel overlay – Hands	R250
Gel overlay French – Hands	R270
Gel overlay – Feet	R250
Gel overlay French – feet	R300
Gel / Acrylic Tips	R430
Gel fill – Solid color	R250
Gel fill – French	R270
Add acrylic overlay (dip method)	R200
Soak off Acrylic or gel	R120
Nail repair (per nail)	R20
Nail Art hand / feet	R10

Waxing

“Waxing is not a luxury it's a necessity”

Face wax (eyebrows, cheeks, lip, chin and neck)	R300
Eyebrow – lip and chin combo	R200
Eyebrow / lip/ chin or cheek (each)	R100
Half arm	R200
Full arm	R250
Underarm	R120
Half leg	R160
Three quarter leg	R190
Full leg	R300
Bikini wax	R200
Brazilian wax	R250
Hollywood wax	R350
Feet and toes	R80
Nose	R60

Men's Waxing

Full back	R200
Chest	R180
Eyebrows	R80
Unibrow	R20

Tinting

Eyebrow / Lash tint	R120
Lash and eyebrow tint combo	R200
Combo: eyebrow wax + eyebrow and lash tint	R220



Give your skin the moisture it needs

“A place to unwind & rejuvenate your mind, body & soul”

Trading Hours:

Mon-Fri: 8h00 – 17h00

Sat: 8h00 – 17h30

Public holidays: 8h00 – 15h00

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Your pocket guide to a beautiful journey!

SPATHERAPY